



NOCNA ŚCIEMA[®]

2015



Data: **2015-10-24/25**
 Miejscowość: **Koszalin**
 DYSTANS - 21.097 m

| Miejsce | Nr startowy | Nazwisko | Imię | Miejscowość | Klub | Rok urodzenia | Kategoria | Miejsce w kat. | M | K | N | 5.2 km | 10.4 km | 15.6 km | Czas Netto | Czas Brutto |
|---------|-------------|----------------|------------|--------------------|------------------------------|---------------|-----------|----------------|----|---|---|----------|----------|----------|------------|-------------|
| 1 | 1421 | WITKOWSKI | MATEUSZ | KOSZALIN | KL ISKRA BIAŁOGARD | 1993 | M20 | 1 | 1 | | | 00:17:03 | 00:35:05 | 00:53:24 | 00:11:44 | 00:11:45 |
| 2 | 1449 | OSIOR | BARTŁOMIEJ | WYDMINY | BiegamBoLubię Wydminy | 1983 | M30 | 1 | 2 | | | 00:17:41 | 00:36:16 | 00:55:04 | 00:13:53 | 00:13:54 |
| 3 | 1467 | SZYMAŃSKI | SYLWESTER | SZCZECINEK | Team Biegowy Szczecinek | 1973 | M40 | 1 | 3 | | | 00:18:21 | 00:37:49 | 00:57:19 | 00:16:12 | 00:16:13 |
| 4 | 1255 | BORZECKI | NORBERT | KOSZALIN | | 1980 | M35 | 1 | 4 | | | 00:18:21 | 00:37:49 | 00:57:22 | 00:16:50 | 00:16:51 |
| 5 | 1224 | GAWRON | PIOTR | BOROWY MŁYN | ULKS Talex Borzytuchom | 1994 | M20 | 2 | 5 | | | 00:18:21 | 00:38:00 | 00:58:07 | 00:17:55 | 00:17:55 |
| 6 | 1256 | ZWIĄZEK | PAWEŁ | SZCZECIN | Szczecin | 1986 | M25 | 1 | 6 | | | 00:18:22 | 00:37:52 | 00:57:44 | 00:17:56 | 00:17:58 |
| 7 | 1448 | POKRZYWIŃSKI | KRZYSZTOF | WYDMINY | BiegamBoLubię Wydminy | 1962 | M50 | 1 | 7 | | | 00:18:45 | 00:38:41 | 00:58:49 | 00:18:27 | 00:18:28 |
| 8 | 1593 | BŁASZCZYK | ZBIGNIEW | SZCZECINEK | Team Biegowy Szczecinek | 1977 | M35 | 2 | 8 | | | 00:18:21 | 00:38:03 | 00:58:12 | 00:18:50 | 00:18:50 |
| 9 | 1416 | HIBNER | WALDEMAR | KOSZALIN | | 1977 | M35 | 3 | 9 | | | 00:18:47 | 00:38:43 | 00:59:00 | 00:19:55 | 00:19:55 |
| 10 | 1913 | BURZYŃSKI | ALEKSANDER | SŁUPSK | STOPA SŁUPSK | 1977 | M35 | 4 | 10 | | | 00:18:48 | 00:38:45 | 00:59:04 | 00:20:06 | 00:20:07 |
| 11 | 1532 | ŁUKASZEWSKI | SEBASTIAN | STARA DABROWA | SZWLA STARGARD | 1979 | M35 | 5 | 11 | | | 00:19:59 | 00:40:34 | 01:00:49 | 00:20:53 | 00:20:55 |
| 12 | 1189 | NAGLACKI | GRZEGORZ | SZCZECIN | MLUKS Trzebiatów | 1972 | M40 | 2 | 12 | | | 00:18:59 | 00:39:48 | 01:00:33 | 00:21:12 | 00:21:13 |
| 13 | 1516 | KUSTER | MICHAŁ | WYSOKA | TSK ORZEŁ OSIEK | 1988 | M25 | 2 | 13 | | | 00:18:37 | 00:39:34 | 01:00:28 | 00:21:12 | 00:21:13 |
| 14 | 1589 | SZYCH | ROBERT | SZCZECIN | RAZ Szczecin | 1971 | M40 | 3 | 14 | | | 00:19:57 | 00:40:38 | 01:01:10 | 00:21:23 | 00:21:23 |
| 15 | 1355 | KOWALSKI | MIROSLAW | SZCZECINEK | Team Biegowy Szczecinek | 1964 | M50 | 2 | 15 | | | 00:19:07 | 00:39:48 | 01:00:49 | 00:22:04 | 00:22:05 |
| 16 | 1109 | GAWĘŁ | IRENEUSZ | POŁCZYN-ZDRÓJ | połączyn-zdrój biega | 1975 | M40 | 4 | 16 | | | 00:19:55 | 00:40:41 | 01:01:38 | 00:22:49 | 00:22:50 |
| 17 | 1992 | KOPYCIŃSKI | ŁUKASZ | OSIEK NAD NOTECIĄ | Klub Biegowy TSK Orzeł Osiek | 1992 | M20 | 3 | 17 | | | 00:19:59 | 00:40:44 | 01:01:38 | 00:22:54 | 00:22:57 |
| 18 | 1201 | WIKTOROWICZ | SŁAWOMIR | KOSZALIN | Koszalin/J.W 1223 | 1976 | M35 | 6 | 18 | | | 00:19:42 | 00:40:40 | 01:01:55 | 00:23:31 | 00:23:32 |
| 19 | 1057 | ĆWIRKO | SŁAWOMIR | SŁUPSK | STOPA Słupsk | 1972 | M40 | 5 | 19 | | | 00:20:25 | 00:41:36 | 01:02:45 | 00:23:46 | 00:23:47 |
| 20 | 1301 | KACZYŃSKI | KRZYSZTOF | NOWA WIEŚ LĘBORSKI | Lędzichowo | 1986 | M25 | 3 | 20 | | | 00:20:34 | 00:41:36 | 01:02:59 | 00:23:51 | 00:23:59 |
| 21 | 1247 | ŻOLNOWSKI | MATEUSZ | NAKŁA | Clima Gold | 1986 | M25 | 4 | 21 | | | 00:19:43 | 00:40:46 | 01:02:24 | 00:23:55 | 00:23:56 |
| 22 | 1403 | BARAŃSKI | BOGUSŁAW | TRZEBIATÓW | MLUKS Trzebiatów | 1958 | M55 | 1 | 22 | | | 00:19:37 | 00:41:02 | 01:02:52 | 00:24:16 | 00:24:16 |
| 23 | 1338 | KĘPKA | ADRIAN | WIEKOWO | | 1995 | M20 | 4 | 23 | | | 00:20:14 | 00:41:35 | 01:02:58 | 00:24:30 | 00:24:32 |
| 24 | 1531 | KRYSKE | MARIUSZ | BIAŁE BŁOTA | 4 RUN TEAM BYDGOSZCZ | 1982 | M30 | 2 | 24 | | | 00:20:45 | 00:42:04 | 01:03:41 | 00:24:49 | 00:24:50 |
| 25 | 1418 | STARSZAK | MARCIN | OSIEK NAD NOTECIĄ | Klub Biegowy TSK Orzeł Osiek | 1982 | M30 | 3 | 25 | | | 00:20:52 | 00:42:32 | 01:04:01 | 00:25:06 | 00:25:06 |
| 26 | 1374 | BURDA | ROBERT | KOSZALIN | KOSPEL | 1974 | M40 | 6 | 26 | | | 00:20:14 | 00:41:56 | 01:03:45 | 00:25:11 | 00:25:14 |
| 27 | 1171 | RUDNIKOWSKI | MACIEJ | DARŁOWO | | 1974 | M40 | 7 | 27 | | | 00:20:28 | 00:42:19 | 01:04:01 | 00:25:26 | 00:25:28 |
| 28 | 1583 | WILCZEWSKI | MARIUSZ | | MKS Święc Sławno | 1986 | M25 | 5 | 28 | | | 00:20:26 | 00:41:42 | 01:03:22 | 00:25:34 | 00:25:35 |
| 29 | 1285 | KŁOSKOWSKI | ADAM | GDYNIA | BBL TEAM GDYNIA | 1973 | M40 | 8 | 29 | | | 00:19:57 | 00:41:22 | 01:03:43 | 00:26:04 | 00:26:07 |
| 30 | 1541 | WOJTALIŁ | ŁUKASZ | POŁCZYN ZDRÓJ | | 1983 | M30 | 4 | 30 | | | 00:19:55 | 00:41:20 | 01:03:41 | 00:26:05 | 00:26:06 |
| 31 | 1979 | KRUKOWSKI | BŁAŻEJ | SŁAWNO | MKS Święc Sławno | 1979 | M35 | 7 | 31 | | | 00:20:33 | 00:42:15 | 01:04:26 | 00:26:17 | 00:26:17 |
| 32 | 1475 | RUPIŃSKI | MICHAŁ | SZCZECIN | HQ MNC NE | 1991 | M20 | 5 | 32 | | | 00:20:47 | 00:42:41 | 01:04:25 | 00:26:26 | 00:26:26 |
| 33 | 1376 | SZYMAŃSKI | PIOTR | POŁCZYN ZDRÓJ | Połączyn zdroj biega | 1985 | M30 | 5 | 33 | | | 00:19:58 | 00:42:06 | 01:04:11 | 00:26:37 | 00:26:38 |
| 34 | 1476 | WILCZEWSKI | KRZYSZTOF | SŁAWNO | Mks 'swiec' slawno | 1985 | M30 | 6 | 34 | | | 00:21:34 | 00:44:10 | 01:06:06 | 00:27:10 | 00:27:11 |
| 35 | 1113 | POLAK | SZYMON | KOSZALIN | Biegnijmy.pl / tkkf | 1974 | M40 | 9 | 35 | | | 00:20:18 | 00:42:00 | 01:04:17 | 00:27:17 | 00:27:19 |
| 36 | 1703 | POKRZYWIŃSKA-O | BEATA | WYDMINY | BiegamBoLubię Wydminy | 1986 | K25 | 1 | | 1 | | 00:20:49 | 00:43:06 | 01:05:42 | 00:27:45 | 00:27:47 |
| 37 | 1219 | BAK | DARIUSZ | OSIEK NAD NOTECIĄ | Klub Biegowy TSK Orzeł Osiek | 1976 | M35 | 8 | 36 | | | 00:21:07 | 00:43:02 | 01:05:39 | 00:27:46 | 00:27:48 |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

Pomiar czasu: iNet Technology Piotr Kołodziejczyk tel: 602 494 313, www.inetsport.pl

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|----|------|--------------|--------------|--------------------|------------------------------------|------|-----|----|----|---|----------|-----|----------|-----|----------|-----|-----------------|-----------------|
| 38 | 1248 | TOMCZAK | MAREK | KOSZALIN | Rozbiegany Koszalin | 1978 | M35 | 9 | 37 | | 00:21:51 | 62 | 00:44:12 | 49 | 01:06:22 | 45 | 00:27:46 | 00:27:48 |
| 39 | 1235 | MICHALSKI | ARTUR | GDYNIA | BBL Team Gdynia/ KPW Gdynia | 1980 | M35 | 10 | 38 | | 00:21:14 | 48 | 00:43:27 | 45 | 01:05:56 | 42 | 00:27:53 | 00:28:01 |
| 40 | 1396 | JURA | KRZYSZTOF | MIASTKO | MTS Hamer Miastko | 1971 | M40 | 10 | 39 | | 00:20:43 | 37 | 00:42:52 | 39 | 01:05:29 | 36 | 00:28:00 | 00:28:04 |
| 41 | 1447 | WITKIEWICZ | MAGDALENA | BIAŁOGARD | KB Dziesiątka Białogard | 1978 | K35 | 1 | 2 | | 00:20:47 | 41 | 00:42:54 | 40 | 01:05:30 | 37 | 00:28:16 | 00:28:17 |
| 42 | 1136 | TELATYNSKA | SYLWIA | CHOSZCZNO | | 1977 | K35 | 2 | 3 | | 00:25:49 | 235 | 00:48:05 | 117 | 01:09:54 | 72 | 00:28:29 | 00:31:11 |
| 43 | 1323 | POWARZYŃSKI | KRZYSZTOF | MALECHOWO | 6 WOG | 1971 | M40 | 11 | 40 | | 00:20:20 | 28 | 00:42:28 | 34 | 01:05:32 | 38 | 00:28:30 | 00:28:32 |
| 44 | 1061 | RODZINSKI | DAMIAN | SŁUPSK | Stopa Słupsk | 1978 | M35 | 11 | 41 | | 00:20:25 | 30 | 00:42:29 | 35 | 01:05:48 | 41 | 00:28:32 | 00:28:33 |
| 45 | 1424 | TIETZ | PRZEMEK | STARAGRAD | das 12 bz | 1975 | M40 | 12 | 42 | | 00:20:30 | 33 | 00:42:33 | 37 | 01:05:25 | 35 | 00:28:34 | 00:28:40 |
| 46 | 1058 | SADOWSKI | PAWEŁ | SŁUPSK | STOPA SŁUPSK | 1979 | M35 | 12 | 43 | | 00:21:36 | 58 | 00:43:57 | 46 | 01:06:38 | 46 | 00:29:03 | 00:29:11 |
| 47 | 1827 | HOLUB | KAMIL | TRZEBIATÓW | MLUKS Trzebiatów | 1980 | M35 | 13 | 44 | | 00:20:31 | 34 | 00:42:58 | 41 | 01:06:18 | 44 | 00:29:43 | 00:29:45 |
| 48 | 1409 | WOLSKI | MAREK | KACZORY | | 1975 | M40 | 13 | 45 | | 00:20:44 | 38 | 00:43:05 | 43 | 01:06:48 | 47 | 00:29:52 | 00:29:52 |
| 49 | 1939 | OGONOWSKI | TOMEK FREDDY | SZCZECINEK | Team Biegowy Szczecinek | 1984 | M30 | 7 | 46 | 1 | 00:22:09 | 74 | 00:45:09 | 60 | 01:07:31 | 48 | 00:29:54 | 00:29:59 |
| 50 | 1359 | BORUSIŃSKI | PIOTR | SŁUPSK | STOPA Słupsk | 1976 | M35 | 14 | 47 | | 00:21:10 | 47 | 00:44:13 | 51 | 01:08:01 | 51 | 00:30:08 | 00:30:15 |
| 51 | 1493 | RETKA | BARTOSZ | KOSZALIN | 8 Koszaliński Pułk Przeciwlotniczy | 1986 | M25 | 6 | 48 | | 00:22:28 | 83 | 00:45:47 | 74 | 01:08:52 | 63 | 00:30:14 | 00:30:17 |
| 52 | 1478 | BARTKOWIAK | JANUSZ | POŁCZYŃ ZDRÓJ | Połczyn Zdrój Biega | 1993 | M20 | 6 | 49 | | 00:19:54 | 17 | 00:41:38 | 26 | 01:07:56 | 50 | 00:30:28 | 00:30:29 |
| 53 | 1027 | KAROLAK | ANIA | SŁUPSK | STOPA SŁUPSK | 1985 | K30 | 1 | 4 | | 00:22:23 | 80 | 00:45:30 | 67 | 01:08:26 | 57 | 00:30:38 | 00:30:46 |
| 54 | 1214 | IGIELSKI | ARMIN | GRUDZIĄDZ | TANCIA team | 1975 | M40 | 14 | 50 | | 00:22:13 | 76 | 00:45:44 | 73 | 01:08:35 | 61 | 00:30:39 | 00:30:46 |
| 55 | 1883 | USTIANOWSKI | WOJCIECH | KOSZALIN | | 1988 | M25 | 7 | 51 | | 00:21:58 | 67 | 00:45:04 | 59 | 01:08:17 | 55 | 00:30:54 | 00:30:58 |
| 56 | 1946 | GRODZKI | TOMASZ | DARŁOWO | ZSM DARŁOWO | 1974 | M40 | 15 | 52 | | 00:22:37 | 87 | 00:45:25 | 63 | 01:08:32 | 58 | 00:31:14 | 00:31:26 |
| 57 | 1144 | WALTER | PRZEMEK | BIAŁOGARD | KB Dziesiątka Białogard | 1972 | M40 | 16 | 53 | | 00:21:57 | 66 | 00:44:59 | 58 | 01:08:13 | 54 | 00:31:29 | 00:31:33 |
| 58 | 1295 | SOBCZYK | ŁUKASZ | KOŁOBRZEG | Kołobrzeg Biega | 1975 | M40 | 17 | 54 | | 00:21:25 | 50 | 00:44:13 | 51 | 01:07:50 | 49 | 00:31:38 | 00:31:46 |
| 59 | 1346 | WOJTALIK | PRZEMYSŁAW | KOSZALIN | Luźny Skład | 1978 | M35 | 15 | 55 | | 00:21:51 | 62 | 00:44:43 | 55 | 01:08:04 | 52 | 00:31:43 | 00:31:46 |
| 60 | 1973 | WAŚICKI | JACEK | SŁUPSK | STOPA SŁUPSK | 1973 | M40 | 18 | 56 | | 00:21:29 | 53 | 00:44:21 | 53 | 01:08:48 | 62 | 00:31:47 | 00:31:49 |
| 61 | 1150 | KOŚCIELNIAK | ROBERT | KOSZALIN | 4 Run TKKF Koszalin | 1964 | M50 | 3 | 57 | | 00:22:07 | 72 | 00:45:27 | 64 | 01:09:01 | 66 | 00:32:05 | 00:32:08 |
| 62 | 1240 | KOTARA-PAŁKA | MAŁGORZATA | KOSZALIN | | 1979 | K35 | 3 | 5 | | 00:22:08 | 73 | 00:45:28 | 65 | 01:08:59 | 65 | 00:32:07 | 00:32:10 |
| 63 | 1063 | BEDNARCZYK | ARKADIUSZ | KOBYLNICIA | STOPA Słupsk | 1973 | M40 | 19 | 58 | | 00:22:21 | 78 | 00:45:38 | 70 | 01:09:11 | 68 | 00:32:32 | 00:32:41 |
| 64 | 1280 | ŻYJEWSKI | PIOTR | SZCZECINEK | Tem Biegowy Szczecinek | 1967 | M45 | 1 | 59 | | 00:22:07 | 72 | 00:45:10 | 61 | 01:08:35 | 61 | 00:32:32 | 00:32:35 |
| 65 | 1293 | JADZIEWICZ | JAKUB | KOSZALIN | | 1977 | M35 | 16 | 60 | | 00:22:00 | 69 | 00:45:22 | 62 | 01:08:58 | 64 | 00:32:39 | 00:32:45 |
| 66 | 1373 | RADLIŃSKI | POLDEK | KOSZALIN | PUPIL KOSZALIN | 1970 | M45 | 2 | 61 | | 00:21:51 | 62 | 00:45:32 | 69 | 01:09:17 | 69 | 00:32:56 | 00:32:56 |
| 67 | 1102 | MAGALSKI | TOMASZ | KAMIEŃ POMORSKI | Klub Biegacza Kamień Pomorski | 1988 | M25 | 8 | 62 | | 00:22:45 | 96 | 00:46:37 | 84 | 01:10:17 | 75 | 00:33:09 | 00:33:10 |
| 68 | 1967 | WOLIŃSKI | ANDRZEJ | WOLIN | | 1967 | M45 | 3 | 63 | | 00:21:29 | 53 | 00:44:42 | 54 | 01:08:33 | 59 | 00:33:10 | 00:33:10 |
| 69 | 1291 | JAMROZIAK | GRZEGORZ | KAMIEŃ POMORSKI | Klub Biegacza Kamień Pomorski | 1981 | M30 | 8 | 64 | | 00:22:45 | 96 | 00:46:38 | 86 | 01:10:17 | 75 | 00:33:16 | 00:33:17 |
| 70 | 1279 | KOSICKI | TOMASZ | SŁUPSK | STOPA Słupsk | 1979 | M35 | 17 | 65 | | 00:22:58 | 101 | 00:46:54 | 94 | 01:10:40 | 78 | 00:33:22 | 00:33:31 |
| 71 | 1218 | DOROSZ | GRZEGORZ | SADKI | TSK OSIEK/nad NOTECIĄG | 1975 | M40 | 20 | 66 | | 00:21:23 | 49 | 00:44:45 | 56 | 01:09:04 | 67 | 00:33:27 | 00:33:27 |
| 72 | 1237 | ZAWADZKI | TOMASZ | KOSZALIN | Judo Gwardia | 1979 | M35 | 18 | 67 | | 00:20:49 | 43 | 00:43:59 | 47 | 01:08:12 | 53 | 00:33:34 | 00:33:41 |
| 73 | 1148 | UZNAŃSKI | RYSZARD | KOŁOBRZEG | | 1971 | M40 | 21 | 68 | | 00:21:03 | 45 | 00:44:17 | 52 | 01:08:25 | 56 | 00:33:44 | 00:33:44 |
| 74 | 1661 | WASZKIEWICZ | PIOTR | KOSZALIN | | 1986 | M25 | 9 | 69 | | 00:22:46 | 98 | 00:47:02 | 98 | 01:10:45 | 80 | 00:33:47 | 00:33:48 |
| 75 | 1328 | GIERLACH | JACEK | SŁUPSK | Stopa Słupsk | 1989 | M25 | 10 | 70 | | 00:21:36 | 58 | 00:44:53 | 57 | 01:09:30 | 70 | 00:33:59 | 00:34:06 |
| 76 | 1206 | CHMIELEWSKI | BARTOSZ | DOBRZYCA | AMADEUS CROSS TRAINING GYM | 1987 | M25 | 11 | 71 | | 00:23:00 | 105 | 00:46:39 | 88 | 01:10:19 | 77 | 00:34:11 | 00:34:12 |
| 77 | 1182 | WIŚNIK | MARCIN | KOSZALIN | Amadeus CrossTraining GYM | 1983 | M30 | 9 | 72 | | 00:23:00 | 105 | 00:46:41 | 89 | 01:10:19 | 77 | 00:34:11 | 00:34:12 |
| 78 | 1949 | MATYJASEK | ZBIGNIEW | KOSZALIN | Niebieskie berety | 1973 | M40 | 22 | 73 | | 00:21:28 | 51 | 00:45:39 | 71 | 01:10:07 | 73 | 00:34:18 | 00:34:24 |
| 79 | 1517 | PLACZKOWSKI | KRZYSZTOF | OSIEK NAD NOTECIĄG | TSK ORZEL OSIEK | 1981 | M30 | 10 | 74 | | 00:21:59 | 68 | 00:45:30 | 67 | 01:09:54 | 72 | 00:34:24 | 00:34:24 |
| 80 | 1900 | CHENON | GUILLAUME | MAYET | MAYET biega :) | 1981 | M30 | 11 | 75 | | 00:24:18 | 147 | 00:47:44 | 109 | 01:11:27 | 92 | 00:34:32 | 00:35:04 |
| 81 | 1572 | SARACZYN | JANUSZ | KOSZALIN | | 1962 | M50 | 4 | 76 | | 00:37:42 | 647 | 01:01:49 | 489 | 01:17:00 | 171 | 00:34:39 | 00:35:30 |
| 82 | 1305 | KOWALCZYK | MICHAŁ | GDYNIA | GDYNIA BBL TEAM | 1982 | M30 | 12 | 77 | | 00:22:13 | 76 | 00:46:12 | 77 | 01:10:48 | 82 | 00:34:56 | 00:35:04 |
| 83 | 1312 | ŚLIWAKOWSKI | PAWEŁ | KOSZALIN | | 1986 | M25 | 12 | 78 | | 00:22:45 | 96 | 00:46:37 | 84 | 01:11:19 | 85 | 00:35:10 | 00:35:36 |
| 84 | 1227 | ROKOSZ | RADOSŁAW | KOSZALIN | JW 1223 | 1986 | M25 | 13 | 79 | | 00:22:44 | 94 | 00:46:36 | 82 | 01:11:26 | 91 | 00:35:15 | 00:35:28 |
| 85 | 1075 | PŁCZYŃSKI | ZBIGNIEW | SŁUPSK | | 1963 | M50 | 5 | 80 | | 00:23:02 | 106 | 00:46:54 | 94 | 01:11:22 | 87 | 00:35:32 | 00:35:35 |
| 86 | 1330 | DZIUBA | LESZEK | BIAŁOGARD | KB Dziesiątka Białogard | 1955 | M60 | 1 | 81 | | 00:23:24 | 117 | 00:47:24 | 102 | 01:11:45 | 94 | 00:35:37 | 00:35:42 |
| 87 | 1304 | KANIEWSKI | SEBASTIAN | KOSZALIN | | 1973 | M40 | 23 | 82 | | 00:21:54 | 64 | 00:46:28 | 79 | 01:11:21 | 86 | 00:35:51 | 00:35:52 |
| 88 | 1056 | PIOTRKOWSKI | TOMEK | SŁUPSK | STOPA SŁUPSK | 1980 | M35 | 19 | 83 | | 00:22:41 | 90 | 00:47:36 | 106 | 01:12:18 | 101 | 00:35:53 | 00:36:02 |
| 89 | 1609 | KOWALSKI | ŁUKASZ | KOSZALIN | | 1984 | M30 | 13 | 84 | | 00:23:44 | 125 | 00:48:02 | 116 | 01:11:58 | 97 | 00:35:54 | 00:36:07 |
| 90 | 1582 | PANCEWICZ | PIOTR | DARŁOWO | RUNNERSWALDE | 1978 | M35 | 20 | 85 | | 00:22:43 | 92 | 00:46:50 | 92 | 01:11:24 | 89 | 00:35:55 | 00:36:02 |
| 91 | 1496 | KALETA | SEBASTIAN | KOSZALIN | JW CSSP Koszalin | 1976 | M35 | 21 | 86 | | 00:21:32 | 54 | 00:45:31 | 68 | 01:10:51 | 83 | 00:36:09 | 00:36:09 |
| 92 | 1348 | KOWALSKI | ROMAN | KOSZALIN | KOSPEL | 1980 | M35 | 22 | 87 | | 00:23:03 | 108 | 00:47:28 | 103 | 01:12:13 | 98 | 00:36:30 | 00:36:34 |
| 93 | 1959 | PAKUŁSKI | MARCIN | KOSZALIN | | 1974 | M40 | 24 | 88 | | 00:24:09 | 141 | 00:48:43 | 128 | 01:13:01 | 111 | 00:36:31 | 00:36:43 |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

Pomiar czasu: iNet Technology Piotr Kołodziejczyk tel: 602 494 313, www.inetsport.pl

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|-----|------|---------------|-----------|-------------|------------------------------|------|-----|----|-----|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 94 | 1059 | KOWAL | ZBIGNIEW | SŁUPSK | STOPA SŁUPSK | 1977 | M35 | 23 | 89 | 00:24:55 | 180 | 00:49:23 | 145 | 01:13:29 | 122 | 00:36:39 | 00:37:04 | |
| 95 | 1779 | MARKUSZEWSKI | KUBA | KOSZALIN | | 1987 | M25 | 14 | 90 | 00:22:43 | 92 | 00:46:45 | 90 | 01:11:29 | 93 | 00:36:40 | 00:36:48 | |
| 96 | 1222 | MAZUR | EMILIUSZ | DARŁOWO | Runnerswalde | 1976 | M35 | 24 | 91 | 00:21:57 | 66 | 00:45:51 | 75 | 01:10:47 | 81 | 00:36:40 | 00:36:41 | |
| 97 | 1548 | KANAREK | JAKUB | KOSZALIN | TKKF TRIATHLON KOSZALIN | 1976 | M35 | 25 | 92 | 00:23:21 | 114 | 00:47:53 | 113 | 01:12:43 | 105 | 00:36:51 | 00:36:56 | |
| 98 | 1315 | OLESZCZUK | DOMINIK | TYCHOWO | WZW Oleszno | 1986 | M25 | 15 | 93 | 00:22:59 | 103 | 00:47:31 | 104 | 01:12:16 | 100 | 00:36:52 | 00:36:57 | |
| 99 | 1070 | ZIELIŃSKI | MATEUSZ | OBORNIKI | Słoneczny Patrol Koszalin | 1987 | M25 | 16 | 94 | 00:24:37 | 168 | 00:49:01 | 134 | 01:13:15 | 119 | 00:36:53 | 00:37:32 | |
| 100 | 1433 | DURZYŃSKI | TOMASZ | ŁEBORK | | 1982 | M30 | 14 | 95 | 00:24:07 | 140 | 00:48:32 | 126 | 01:13:11 | 116 | 00:36:58 | 00:37:11 | |
| 101 | 1179 | PRĘDKI | GRZEGORZ | DARŁOWO | wolny biegacz | 1985 | M30 | 15 | 96 | 00:23:30 | 119 | 00:47:46 | 110 | 01:12:46 | 106 | 00:37:00 | 00:37:18 | |
| 102 | 1308 | CHRUŚCICKI | PAWEŁ | KRETOMINO | | 1992 | M20 | 7 | 97 | 00:23:52 | 130 | 00:48:14 | 119 | 01:13:19 | 120 | 00:37:01 | 00:37:08 | |
| 103 | 1701 | SOBKOWIAK | ROBERT | ŚWINOJĘSCIE | | 1968 | M45 | 4 | 98 | 00:23:22 | 115 | 00:47:21 | 101 | 01:12:38 | 104 | 00:37:03 | 00:37:20 | |
| 104 | 1034 | JASTRZĘBSKI | LESZEK | SZCZECIN | Puszczyc Bukowy | 1969 | M45 | 5 | 99 | 00:22:33 | 86 | 00:46:56 | 96 | 01:11:58 | 97 | 00:37:05 | 00:37:09 | |
| 105 | 1368 | WOJCIECHOWSKI | MATEUSZ | KOSZALIN | | 1986 | M25 | 17 | 100 | 00:21:37 | 59 | 00:45:57 | 76 | 01:11:23 | 88 | 00:37:05 | 00:37:10 | |
| 106 | 1497 | KONDRATOWICZ | ŁUKASZ | ŁEBORK | LTS ŁEBORK | 1983 | M30 | 16 | 101 | 00:24:06 | 139 | 00:48:07 | 118 | 01:12:54 | 110 | 00:37:11 | 00:37:40 | |
| 107 | 1607 | MAJEWSKI | ANDRZEJ | MIASTKO | MTS Hamer Miastko | 1970 | M45 | 6 | 102 | 00:24:34 | 165 | 00:49:21 | 144 | 01:13:52 | 128 | 00:37:22 | 00:37:34 | |
| 108 | 1146 | SAPIEJA | DARIUSZ | DARŁOWO | | 1979 | M35 | 26 | 103 | 00:23:04 | 109 | 00:46:56 | 96 | 01:11:58 | 95 | 00:37:26 | 00:37:35 | |
| 109 | 1258 | KUBISZ | MATEUSZ | KOŁOBRZEG | Kołobrzeski Klub Morsłów | 1988 | M25 | 18 | 104 | 00:26:09 | 261 | 00:50:31 | 168 | 01:14:49 | 141 | 00:37:29 | 00:38:10 | |
| 110 | 1715 | KOZIARZ | MIROŚLAW | ZŁOCENIEC | | 1970 | M45 | 7 | 105 | 00:23:57 | 133 | 00:48:53 | 131 | 01:13:40 | 125 | 00:37:35 | 00:37:40 | |
| 111 | 1166 | MURAWSKA | WIOLETTA | SZCZECIN | | 1969 | K45 | 1 | 6 | 00:22:58 | 101 | 00:47:36 | 106 | 01:12:48 | 108 | 00:37:39 | 00:37:41 | |
| 112 | 1400 | STUSIO | ZENON | ZŁOCENIEC | | 1957 | M55 | 2 | 106 | 00:23:50 | 127 | 00:48:58 | 132 | 01:13:49 | 127 | 00:37:41 | 00:37:46 | |
| 113 | 1765 | HARASYM | ZBIGNIEW | KOSZALIN | | 1976 | M35 | 27 | 107 | 00:24:15 | 145 | 00:49:06 | 136 | 01:13:57 | 131 | 00:37:42 | 00:38:14 | |
| 114 | 1522 | TOMALIK | KAROL | KOSZALIN | | 1978 | M35 | 28 | 108 | 00:24:15 | 145 | 00:49:07 | 137 | 01:13:57 | 131 | 00:37:43 | 00:38:17 | |
| 115 | 1524 | JAMNIAK | BARTOSZ | MIASTKO | MTS Hamer Miastko | 1987 | M25 | 19 | 109 | 00:22:15 | 77 | 00:46:37 | 84 | 01:12:15 | 99 | 00:37:46 | 00:38:08 | |
| 116 | 1197 | ENGLERT | GRZEGORZ | KOSZALIN | | 1977 | M35 | 29 | 110 | 00:22:01 | 70 | 00:46:34 | 81 | 01:10:44 | 79 | 00:37:48 | 00:37:54 | |
| 117 | 1385 | WINKEL | JERZY | KOSZALIN | | 1973 | M40 | 25 | 111 | 00:23:03 | 108 | 00:47:52 | 111 | 01:13:08 | 113 | 00:37:49 | 00:37:55 | |
| 118 | 1413 | SKROBUK | ADAM | SZCZECIN | United Vampires | 1973 | M40 | 26 | 112 | 00:22:26 | 81 | 00:46:33 | 80 | 01:12:29 | 102 | 00:37:50 | 00:37:52 | |
| 119 | 1552 | MOSZYŃSKI | JACEK | KOSZALIN | 4RUN TKKF Koszalin | 1964 | M50 | 6 | 113 | 00:23:34 | 122 | 00:48:47 | 129 | 01:13:31 | 123 | 00:37:56 | 00:37:59 | |
| 120 | 1439 | HIBNER | ZBIGNIEW | SUCHY LAS | | 1974 | M40 | 27 | 114 | 00:24:06 | 139 | 00:48:32 | 126 | 01:13:14 | 118 | 00:38:02 | 00:38:07 | |
| 121 | 1549 | MAKSYMIAK | MIRON | KOSZALIN | | 1991 | M20 | 8 | 115 | 00:25:37 | 222 | 00:49:55 | 154 | 01:14:50 | 142 | 00:38:05 | 00:39:44 | |
| 122 | 1001 | BARANOWSKI | PITER | KOSZALIN | SFX | 1977 | M35 | 30 | 116 | 00:25:01 | 185 | 00:49:25 | 146 | 01:13:58 | 132 | 00:38:13 | 00:38:17 | |
| 123 | 1273 | PLUTA | ADAM | SŁUPSK | STOPA Słupsk | 1981 | M30 | 17 | 117 | 00:22:27 | 82 | 00:47:36 | 106 | 01:13:09 | 114 | 00:38:25 | 00:38:34 | |
| 124 | 1542 | PAWŁOWSKI | ŁUKASZ | KOSZALIN | | 1984 | M30 | 18 | 118 | 00:24:48 | 174 | 00:49:50 | 151 | 01:14:52 | 143 | 00:38:25 | 00:38:57 | |
| 125 | 1080 | LUBAWIŃSKI | JERZY | ŚWIDWIN | K.B.Sprint Świdwin | 1956 | M55 | 3 | 119 | 2 | 00:22:54 | 99 | 00:47:39 | 108 | 01:13:02 | 112 | 00:38:28 | 00:38:32 |
| 126 | 1586 | KAROLAK | JOANNA | SŁUPSK | STOPA SŁUPSK | 1985 | K30 | 2 | 7 | 00:24:25 | 151 | 00:49:08 | 139 | 01:14:09 | 134 | 00:38:35 | 00:39:02 | |
| 127 | 1975 | KRAKOWIAK | SŁAWOMIR | KOSZALIN | | 1975 | M40 | 28 | 120 | 00:23:24 | 117 | 00:47:55 | 115 | 01:13:10 | 115 | 00:38:56 | 00:38:58 | |
| 128 | 1991 | JEMCZURA | RAFAŁ | DĘBNO | NettoGrupaBiegowa42,195Dębno | 1991 | M20 | 9 | 121 | 00:24:13 | 143 | 00:49:04 | 135 | 01:14:35 | 139 | 00:39:13 | 00:39:18 | |
| 129 | 1286 | ŚNIEŻKO | MARCIN | KOSZALIN | TKKF Koszalin | 1983 | M30 | 19 | 122 | 00:23:42 | 124 | 00:48:23 | 123 | 01:13:45 | 126 | 00:39:27 | 00:39:35 | |
| 130 | 1751 | KAPUŚCIŃSKI | ROBERT | KOSZALIN | JW 1223 KOSZALIN | 1978 | M35 | 31 | 123 | 00:22:22 | 79 | 00:46:39 | 88 | 01:12:47 | 107 | 00:39:31 | 00:39:33 | |
| 131 | 1507 | NAWODZIŃSKI | GRZEGORZ | ŚWIDWIN | | 1976 | M35 | 32 | 124 | 00:23:55 | 131 | 00:49:13 | 141 | 01:14:33 | 137 | 00:39:39 | 00:39:45 | |
| 132 | 1284 | JABŁOŃSKI | ANDRZEJ | CHEŁM | Straż Graniczna | 1968 | M45 | 8 | 125 | 00:21:35 | 56 | 00:46:47 | 91 | 01:13:29 | 122 | 00:39:41 | 00:39:44 | |
| 133 | 1350 | KASPEROWICZ | DARIUSZ | SZCZECIN | KK Wind Solutions | 1975 | M40 | 29 | 126 | 00:25:55 | 246 | 00:49:58 | 157 | 01:14:58 | 144 | 00:39:52 | 00:40:32 | |
| 134 | 1912 | BOGUSŁAW | ŁUKASZ | WAŁCZ | | 1990 | M25 | 20 | 127 | 00:24:37 | 168 | 00:49:40 | 148 | 01:15:08 | 146 | 00:40:06 | 00:40:23 | |
| 135 | 1485 | WIŚNIEWSKI | KONRAD | ŁOBEZ | Monar Grabowo | 1994 | M20 | 10 | 128 | 00:23:41 | 123 | 00:47:11 | 100 | 01:11:07 | 84 | 00:40:06 | 00:40:40 | |
| 136 | 1709 | STRUMIŃSKI | RAFAŁ | KOSZALIN | ŻYTANIA TEAM | 1981 | M30 | 20 | 129 | 00:23:59 | 135 | 00:49:00 | 133 | 01:14:38 | 140 | 00:40:11 | 00:40:24 | |
| 137 | 1097 | TARNIŃSKI | KATARZYNA | DARŁOWO | | 1979 | K35 | 4 | 8 | 00:24:26 | 152 | 00:49:57 | 156 | 01:15:29 | 149 | 00:40:27 | 00:40:32 | |
| 138 | 1184 | ŻYWIŃSKI | BARTOSZ | STARKOWO | Dziki Koszalin | 1982 | M30 | 21 | 130 | 00:23:32 | 120 | 00:48:50 | 130 | 01:14:21 | 136 | 00:40:32 | 00:40:44 | |
| 139 | 1543 | KUROWSKA | ZYTA | KOSZALIN | | 1987 | K25 | 2 | 9 | 00:24:55 | 180 | 00:50:21 | 165 | 01:15:40 | 152 | 00:40:35 | 00:41:06 | |
| 140 | 1525 | DONDAJEWSKI | MICHAŁ | KOSZALIN | | 1983 | M30 | 22 | 131 | 00:23:11 | 111 | 00:48:15 | 121 | 01:13:56 | 129 | 00:40:38 | 00:40:48 | |
| 141 | 1140 | KRUK | MARCIN | KOSZALIN | xxx | 1982 | M30 | 23 | 132 | 00:23:33 | 121 | 00:48:25 | 124 | 01:14:06 | 133 | 00:40:39 | 00:40:43 | |
| 142 | 1677 | WOLIŃSKA | EMILIA | WOLIN | | 1971 | K40 | 1 | 10 | 00:23:17 | 112 | 00:48:20 | 122 | 01:14:34 | 138 | 00:40:43 | 00:40:43 | |
| 143 | 1983 | CHODOR | MARTYNA | OKONEK | 4 Run TKKF Koszalin | 1983 | K30 | 3 | 11 | 00:25:07 | 191 | 00:50:18 | 163 | 01:15:41 | 153 | 00:40:48 | 00:41:06 | |
| 144 | 1463 | PIĄTEK | WIKTOR | KOSZALIN | JW 1223 3dplot | 1982 | M30 | 24 | 133 | 00:24:42 | 171 | 00:49:29 | 147 | 01:15:11 | 147 | 00:40:51 | 00:41:21 | |
| 145 | 1068 | KOPREK | ŁUKASZ | KOSZALIN | Słoneczny Patrol Koszalin | 1986 | M25 | 21 | 134 | 00:24:28 | 156 | 00:49:49 | 150 | 01:15:34 | 150 | 00:40:55 | 00:41:30 | |
| 146 | 1380 | BOGDANOWICZ | KRZYSZTOF | KOSZALIN | 4 RUN TKKF Koszalin | 1965 | M50 | 7 | 135 | 00:22:43 | 92 | 00:47:53 | 113 | 01:14:19 | 135 | 00:41:01 | 00:41:04 | |
| 147 | 1032 | GIEC | ANNA | SZCZECIN | PUSZCZYK BUKOWY | 1969 | K45 | 2 | 12 | 00:23:51 | 128 | 00:49:18 | 142 | 01:15:03 | 145 | 00:41:03 | 00:41:04 | |
| 148 | 1076 | BARTKOWIAK | KAROLINA | ROKIETNICA | | 1992 | K20 | 1 | 13 | 00:25:31 | 210 | 00:51:05 | 182 | 01:16:32 | 164 | 00:41:10 | 00:41:45 | |
| 149 | 1158 | MALINOWSKI | MARIUSZ | KOSZALIN | | 1980 | M35 | 33 | 136 | 00:24:21 | 148 | 00:50:14 | 159 | 01:15:36 | 151 | 00:41:11 | 00:41:25 | |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

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|-----|------|----------------|------------|-------------------|------------------------|------|-----|----|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 150 | 1035 | ZIELIŃSKI | PRZEMYSŁAW | OLSZTYN | | 1976 | M35 | 34 | 137 | 00:24:34 | 165 | 00:50:16 | 160 | 01:15:58 | 157 | 00:41:19 | 00:41:32 |
| 151 | 1318 | BRZAKAŁA | WALDEMAR | KAMIEN POMORSKI | KB Kamień Pomorski | 1970 | M45 | 9 | 138 | 00:25:03 | 188 | 00:51:05 | 182 | 01:16:32 | 164 | 00:41:19 | 00:41:32 |
| 152 | 1398 | KUPCZYK | MAREK | KAMIEN POMORSKI | K.B.Kamień Pomorski | 1962 | M50 | 8 | 139 | 00:25:03 | 188 | 00:51:04 | 180 | 01:16:32 | 164 | 00:41:21 | 00:41:31 |
| 153 | 1084 | RAPCIA | ARKADIUSZ | KAMIEN POMORSKI | K.B.Kamień Pomorski | 1976 | M35 | 35 | 140 | 00:25:03 | 188 | 00:51:02 | 178 | 01:16:31 | 162 | 00:41:22 | 00:41:31 |
| 154 | 1054 | KORZYSTKO | BARTOSZ | ŚWIDWIN | | 1982 | M30 | 25 | 141 | 00:22:38 | 88 | 00:46:23 | 78 | 01:12:33 | 103 | 00:41:34 | 00:41:36 |
| 155 | 1678 | ŻYLICZ | PAWEŁ | ŚLUPSK | STOPA Słupsk | 1993 | M20 | 11 | 142 | 00:24:03 | 137 | 00:51:29 | 200 | 01:16:28 | 160 | 00:41:36 | 00:41:44 |
| 156 | 1394 | ŚĘDEREK | KRZYSZTOF | SZCZECIN | | 1968 | M45 | 10 | 143 | 00:25:25 | 204 | 00:51:14 | 189 | 01:16:49 | 167 | 00:41:41 | 00:41:49 |
| 157 | 1276 | BARSZCZ | ŁUKASZ | MIEDZYZDROJE | | 1982 | M30 | 26 | 144 | 00:25:28 | 206 | 00:51:06 | 184 | 01:16:31 | 162 | 00:41:47 | 00:42:55 |
| 158 | 1438 | MICKIEWICZ | ADAM | MRZEŻYNO | | 1987 | M25 | 22 | 145 | 00:24:00 | 136 | 00:49:11 | 140 | 01:15:12 | 148 | 00:42:05 | 00:42:11 |
| 159 | 1520 | STEFANOWICZ | PAWEŁ | KOSZALIN | | 1975 | M40 | 30 | 146 | 00:22:32 | 85 | 00:47:06 | 99 | 01:12:49 | 109 | 00:42:09 | 00:42:15 |
| 160 | 1215 | STELMACH | ARKADIUSZ | SZCZECIN | ligowiec.net | 1992 | M20 | 12 | 147 | 00:25:51 | 241 | 00:51:11 | 188 | 01:17:05 | 172 | 00:42:15 | 00:42:51 |
| 161 | 1192 | PIEKAC | KAROL | RUMIA | KTP "Mikolajek" | 1982 | M30 | 27 | 148 | 00:24:25 | 151 | 00:49:53 | 153 | 01:16:24 | 159 | 00:42:23 | 00:42:34 |
| 162 | 1023 | NOWAK | DAREK | ŚWINOUJŚCIE | | 1963 | M50 | 9 | 149 | 00:25:50 | 238 | 00:51:47 | 212 | 01:17:24 | 177 | 00:42:32 | 00:42:52 |
| 163 | 1220 | ZIOMKO | RAFAŁ | KOŁOBRZEG | | 1972 | M40 | 31 | 150 | 00:26:36 | 285 | 00:52:47 | 232 | 01:18:25 | 200 | 00:42:33 | 00:43:16 |
| 164 | 1622 | KORCZYŃSKI | ŚLAWOMIR | KOSZALIN | Decathlon Koszalin | 1992 | M20 | 13 | 151 | 00:21:41 | 60 | 00:45:44 | 73 | 01:11:26 | 91 | 00:42:42 | 00:42:44 |
| 165 | 1777 | MOSIOŁEK | PIOTR | KOSZALIN | | 1974 | M40 | 32 | 152 | 00:24:48 | 174 | 00:50:36 | 169 | 01:16:53 | 168 | 00:42:43 | 00:42:51 |
| 166 | 1016 | LESZCZYŹŁOWSKI | MARCIN | KOSZALIN | PŻW Koszalin | 1980 | M35 | 36 | 153 | 00:25:27 | 205 | 00:51:35 | 202 | 01:17:16 | 174 | 00:42:44 | 00:43:01 |
| 167 | 1584 | STACHULA | DARIUSZ | PIŁA | | 1975 | M40 | 33 | 154 | 00:22:29 | 84 | 00:47:00 | 97 | 01:13:39 | 124 | 00:42:46 | 00:42:53 |
| 168 | 1948 | KWIECIŃSKI | FELIKS | WOLIN | | 1991 | M20 | 14 | 155 | 00:24:41 | 170 | 00:50:26 | 166 | 01:16:37 | 166 | 00:42:47 | 00:43:00 |
| 169 | 1264 | PANEK | TOMASZ | KOSZALIN | JW 1223 | 1979 | M35 | 37 | 156 | 00:25:48 | 234 | 00:51:25 | 198 | 01:17:24 | 177 | 00:42:54 | 00:43:18 |
| 170 | 1700 | KUJAWSKI | STEFAN | WĘGORZYNO | | 1983 | M30 | 28 | 157 | 00:25:12 | 196 | 00:51:48 | 214 | 01:17:44 | 183 | 00:42:57 | 00:42:57 |
| 171 | 1486 | GÓRSKI | JAKUB | ŁOBEZ | Monar Grabowo | 1991 | M20 | 15 | 158 | 00:23:47 | 126 | 00:48:15 | 121 | 01:13:12 | 117 | 00:42:58 | 00:43:00 |
| 172 | 1587 | KSZCZANOWICZ | JACEK | KOŁOBRZEG | | 1973 | M40 | 34 | 159 | 00:24:10 | 142 | 00:49:08 | 139 | 01:15:42 | 154 | 00:43:04 | 00:43:21 |
| 173 | 1065 | WIECZORKIEWICZ | SYLWESTER | STARGARD SZCZECIN | Ryś Banda | 1972 | M40 | 35 | 160 | 00:25:46 | 231 | 00:52:12 | 217 | 01:17:58 | 190 | 00:43:07 | 00:43:20 |
| 174 | 1335 | JAWORSKI | KRZYSZTOF | ŚLUPSK | | 1985 | M30 | 29 | 161 | 00:25:23 | 203 | 00:51:05 | 182 | 01:16:54 | 169 | 00:43:09 | 00:43:21 |
| 175 | 1610 | DUDA | ANDRZEJ | KOŁOBRZEG | | 1966 | M45 | 11 | 162 | 00:24:28 | 156 | 00:49:52 | 152 | 01:16:13 | 158 | 00:43:16 | 00:43:24 |
| 176 | 1266 | GOŁDYN | MAREK | KOSZALIN | | 1982 | M30 | 30 | 163 | 00:26:48 | 292 | 00:52:56 | 235 | 01:19:15 | 217 | 00:43:18 | 00:44:57 |
| 177 | 1030 | SZYSZKO | WOJTEK | KOSZALIN | Rozbiegany Koszalin | 1980 | M35 | 38 | 164 | 00:25:48 | 234 | 00:51:41 | 204 | 01:17:53 | 188 | 00:43:19 | 00:43:52 |
| 178 | 1965 | STANKIEWICZ | WIEŚLAW | KOSZALIN | | 1965 | M50 | 10 | 165 | 00:24:57 | 181 | 00:50:54 | 174 | 01:17:08 | 173 | 00:43:25 | 00:43:47 |
| 179 | 1489 | KORZEC | ARTUR | KOSZALIN | | 1979 | M35 | 39 | 166 | 00:25:47 | 232 | 00:51:41 | 204 | 01:17:53 | 188 | 00:43:34 | 00:44:05 |
| 180 | 1091 | DORAWA | WOJTEK | KOSZALIN | | 1991 | M20 | 16 | 167 | 00:26:10 | 262 | 00:52:53 | 234 | 01:18:23 | 197 | 00:43:34 | 00:43:52 |
| 181 | 1078 | LEWON | GRZEGORZ | BARTOSZYCE | | 1983 | M30 | 31 | 168 | 00:25:12 | 196 | 00:51:17 | 193 | 01:17:36 | 178 | 00:43:34 | 00:43:53 |
| 182 | 1588 | JANKOWSKI | MACIEJ | KOŁOBRZEG | | 1969 | M45 | 12 | 169 | 00:24:51 | 177 | 00:51:17 | 193 | 01:17:45 | 184 | 00:43:38 | 00:43:41 |
| 183 | 1294 | KACHLICKI | KAMIL | KOSZALIN | | 1976 | M35 | 40 | 170 | 00:24:28 | 156 | 00:50:45 | 172 | 01:17:57 | 189 | 00:43:42 | 00:44:12 |
| 184 | 1010 | RYGIELSKI | BARTOSZ | SIANÓW | | 1986 | M25 | 23 | 171 | 00:23:19 | 113 | 00:49:21 | 144 | 01:15:55 | 156 | 00:43:43 | 00:43:52 |
| 185 | 1236 | SZEFLER | WOJCIECH | BIAŁOGARD | | 1978 | M35 | 41 | 172 | 00:26:00 | 254 | 00:51:22 | 196 | 01:17:23 | 175 | 00:44:03 | 00:44:31 |
| 186 | 1987 | SADOWY | PAULINA | MILANÓWEK | MORT! | 1987 | K25 | 3 | 14 | 00:25:30 | 209 | 00:51:44 | 208 | 01:18:21 | 195 | 00:44:03 | 00:44:21 |
| 187 | 1386 | TURZYŃSKI | LECH | SZCZECIN | HQ MNC NE | 1971 | M40 | 36 | 173 | 00:25:52 | 242 | 00:52:45 | 229 | 01:19:01 | 211 | 00:44:04 | 00:44:20 |
| 188 | 1062 | RAWSKI | JAREK | ŚLUPSK | STOPA ŚLUPSK | 1965 | M50 | 11 | 174 | 00:25:34 | 215 | 00:51:44 | 208 | 01:18:06 | 192 | 00:44:11 | 00:44:38 |
| 189 | 1925 | ŻUKOWSKI | ŁUKASZ | KOSZALIN | KS Gwardia Koszalin | 1985 | M30 | 32 | 175 | 00:24:59 | 184 | 00:51:09 | 187 | 01:17:40 | 181 | 00:44:16 | 00:44:32 |
| 190 | 1494 | DURKOWSKI | DAWID | SZCZECIN | | 1984 | M30 | 33 | 176 | 00:25:15 | 200 | 00:50:41 | 170 | 01:21:17 | 256 | 00:44:36 | 00:44:57 |
| 191 | 1487 | CHLEBOWSKI | HUBERT | ŁOBEZ | Monar Grabowo | 1988 | M25 | 24 | 177 | 00:28:08 | 376 | 00:54:04 | 273 | 01:19:55 | 226 | 00:44:37 | 00:45:11 |
| 192 | 1128 | KACPRZAK | SEWERYN | GOLENIÓW | GOLENIÓW | 1975 | M40 | 37 | 178 | 00:25:42 | 225 | 00:52:00 | 215 | 01:18:46 | 205 | 00:44:39 | 00:44:55 |
| 193 | 1233 | KIRKO | MARIUSZ | KOSZALIN | | 1981 | M30 | 34 | 179 | 00:23:56 | 132 | 00:50:17 | 161 | 01:17:40 | 181 | 00:44:57 | 00:45:13 |
| 194 | 1538 | ŚLUŻAŁA | GRZEGORZ | KETRZYŃ | | 1979 | M35 | 42 | 180 | 00:24:32 | 162 | 00:50:28 | 167 | 01:17:46 | 185 | 00:45:01 | 00:45:20 |
| 195 | 1577 | STACHOWIAK | RYSZARD | BIAŁOGARD | | 1953 | M60 | 2 | 181 | 00:22:58 | 101 | 00:48:43 | 128 | 01:18:14 | 193 | 00:45:01 | 00:45:05 |
| 196 | 1573 | KOWALEWSKA | EWELINA | KOSZALIN | | 1987 | K25 | 4 | 15 | 00:24:47 | 172 | 00:51:09 | 187 | 01:18:05 | 191 | 00:45:03 | 00:45:25 |
| 197 | 1800 | RUSINEK | DAWID | BIAŁOGARD | | 1995 | M20 | 17 | 182 | 00:25:29 | 208 | 00:50:56 | 175 | 01:16:58 | 170 | 00:45:04 | 00:45:19 |
| 198 | 1362 | DEMBICKI | DANIEL | NOWE BIELICE | | 1974 | M40 | 38 | 183 | 00:24:50 | 175 | 00:51:19 | 195 | 01:18:24 | 199 | 00:45:10 | 00:45:20 |
| 199 | 1411 | LEŃIO | DARIUSZ | TYCHOWO | | 1982 | M30 | 35 | 184 | 00:24:17 | 146 | 00:51:08 | 185 | 01:18:41 | 203 | 00:45:11 | 00:45:13 |
| 200 | 1550 | DIDŁUCH | JACEK | KOŁOBRZEG | Kołobrzeg Maraton Team | 1977 | M35 | 43 | 185 | 00:27:17 | 319 | 00:54:22 | 283 | 01:20:29 | 233 | 00:45:25 | 00:46:10 |
| 201 | 1133 | MATYSIAK | WOJCIECH | KOSZALIN | | 1980 | M35 | 44 | 186 | 00:25:55 | 246 | 00:52:20 | 221 | 01:18:49 | 208 | 00:45:26 | 00:45:42 |
| 202 | 1257 | PACZKOWSKA | VIOLETTA | MIEDZYRZECZ | ASA V | 1988 | K25 | 5 | 16 | 00:27:32 | 339 | 00:53:57 | 270 | 01:19:47 | 224 | 00:45:26 | 00:46:02 |
| 203 | 1505 | CIEKLIŃSKI | JACEK | KARLINO | | 1986 | M25 | 25 | 187 | 00:27:32 | 339 | 00:53:57 | 270 | 01:19:47 | 224 | 00:45:28 | 00:46:02 |
| 204 | 1431 | WOJCIECHOWSKA | AGATA | KOŁOBRZEG | | 1968 | K45 | 3 | 17 | 00:24:27 | 154 | 00:51:02 | 178 | 01:18:24 | 199 | 00:45:29 | 00:45:35 |
| 205 | 1270 | SPELAK | KATARZYNA | SKÓRZEWO | | 1978 | K35 | 5 | 18 | 00:25:34 | 215 | 00:51:47 | 212 | 01:19:03 | 213 | 00:45:30 | 00:45:41 |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

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|-----|------|-----------------|------------|--------------------|--------------------------------|------|-----|----|-----|--|----------|-----|----------|-----|----------|-----|----------|----------|
| 206 | 1556 | JĘDRUSZCZAK | ADRIAN | POŁCZYN-ZDRÓJ | | 1992 | M20 | 18 | 188 | | 00:24:24 | 149 | 00:50:18 | 163 | 01:17:41 | 182 | 00:45:34 | 00:45:40 |
| 207 | 1079 | ROGOWSKI | ROBERT | SZCZECIN | Skrzywni Goście | 1969 | M45 | 13 | 189 | | 00:25:50 | 238 | 00:52:17 | 219 | 01:18:46 | 205 | 00:45:35 | 00:45:51 |
| 208 | 1325 | OLECHNOWICZ | SŁAWEK | SŁUPSK | STOPA Słupsk | 1975 | M40 | 39 | 190 | | 00:26:17 | 268 | 00:53:15 | 249 | 01:19:55 | 226 | 00:45:37 | 00:46:03 |
| 209 | 1147 | SOKOŁOWSKI | MACIEJ | KOSZALIN | | 1979 | M35 | 45 | 191 | | 00:26:58 | 298 | 00:53:42 | 262 | 01:20:17 | 229 | 00:45:38 | 00:46:15 |
| 210 | 1028 | TRZECIAK | DAREK | KOŁOBRZEG | Kołobrzeg Biega | 1969 | M45 | 14 | 192 | | 00:27:15 | 316 | 00:54:24 | 285 | 01:20:43 | 242 | 00:45:43 | 00:46:27 |
| 211 | 1957 | KOWALSKI | KRZYSZTOF | SŁUPSK | STOPA Słupsk | 1957 | M55 | 4 | 193 | | 00:25:44 | 228 | 00:52:11 | 216 | 01:18:58 | 209 | 00:45:46 | 00:46:13 |
| 212 | 1375 | KOSIOR | PIOTR | KOSZALIN | | 1971 | M40 | 40 | 194 | | 00:27:17 | 319 | 00:53:55 | 268 | 01:20:07 | 228 | 00:45:50 | 00:46:21 |
| 213 | 1275 | DWULIT | DARIUSZ | MIASTKO | MTS HAMER Miastko | 1970 | M45 | 15 | 195 | | 00:24:32 | 162 | 00:50:02 | 158 | 01:17:47 | 186 | 00:45:53 | 00:46:05 |
| 214 | 1963 | BRUDNIK | ADAM | ŚWINOUJŚCIE | | 1963 | M50 | 12 | 196 | | 00:24:32 | 162 | 00:50:45 | 172 | 01:18:22 | 196 | 00:46:10 | 00:46:24 |
| 215 | 1808 | KOBUS | MACIEJ | KOSZALIN | | 1986 | M25 | 26 | 197 | | 00:24:58 | 183 | 00:50:59 | 176 | 01:18:31 | 201 | 00:46:13 | 00:46:37 |
| 216 | 1665 | SZAŁKOWSKI | WOJTEK | USTKA | TUPOT USTKA | 1976 | M35 | 46 | 198 | | 00:27:58 | 358 | 00:54:43 | 303 | 01:21:14 | 253 | 00:46:14 | 00:46:59 |
| 217 | 1569 | CHOŁUJ | JAROSŁAW | KOSZALIN | | 1975 | M40 | 41 | 199 | | 00:26:36 | 285 | 00:52:30 | 222 | 01:18:59 | 210 | 00:46:19 | 00:46:54 |
| 218 | 1343 | ANTONIAK | WOJCIECH | KOSZALIN | | 1974 | M40 | 42 | 200 | | 00:25:32 | 211 | 00:51:48 | 214 | 01:19:03 | 213 | 00:46:22 | 00:46:43 |
| 219 | 1364 | JANKIEWICZ | TOMASZ | MIASTKO | MTS HAMER MIASTKO | 1975 | M40 | 43 | 201 | | 00:26:14 | 266 | 00:53:25 | 255 | 01:20:39 | 238 | 00:46:31 | 00:46:53 |
| 220 | 1436 | BIL | ADRIAN | KOSZALIN | | 1979 | M35 | 47 | 202 | | 00:25:21 | 201 | 00:51:45 | 209 | 01:19:03 | 213 | 00:46:40 | 00:47:02 |
| 221 | 1557 | PSTRĄGOWSKI | MARCIN | KOSZALIN | NORDGLASS TEAM | 1982 | M30 | 36 | 203 | | 00:24:27 | 154 | 00:51:03 | 179 | 01:18:33 | 202 | 00:46:42 | 00:46:50 |
| 222 | 1095 | OLEJNIK | BARTŁOMIEJ | KOSZALIN | Zytia Team | 1981 | M30 | 37 | 204 | | 00:26:34 | 282 | 00:53:47 | 264 | 01:21:06 | 251 | 00:46:45 | 00:46:58 |
| 223 | 1334 | SMOŁA | WALDEMAR | KOSZALIN | | 1964 | M50 | 13 | 205 | | 00:24:58 | 183 | 00:51:15 | 190 | 01:18:48 | 206 | 00:46:51 | 00:47:06 |
| 224 | 1722 | SZTUBA | BARTŁOMIEJ | KOSZALIN | | 1970 | M45 | 16 | 206 | | 00:27:03 | 301 | 00:54:34 | 295 | 01:21:41 | 265 | 00:46:51 | 00:46:58 |
| 225 | 1645 | URBAN | MACIEJ | PIOTROWICE | | 1992 | M20 | 19 | 207 | | 00:26:12 | 264 | 00:52:59 | 239 | 01:19:31 | 218 | 00:46:52 | 00:47:09 |
| 226 | 1901 | URBAN | JAKUB | BISKUPIEC POMORSKI | | 1995 | M20 | 20 | 208 | | 00:26:12 | 264 | 00:52:59 | 239 | 01:19:32 | 219 | 00:46:53 | 00:47:09 |
| 227 | 1094 | LATOPOLSKA-OLEJ | KALINA | KOSZALIN | Zytia Team | 1981 | K30 | 4 | 19 | | 00:26:33 | 281 | 00:53:47 | 264 | 01:21:06 | 251 | 00:46:54 | 00:46:58 |
| 228 | 1269 | KOSICKA | IWONA | SŁUPSK | STOPA Słupsk | 1979 | K35 | 6 | 20 | | 00:25:44 | 228 | 00:52:14 | 218 | 01:19:39 | 211 | 00:46:56 | 00:47:23 |
| 229 | 1495 | BIKUN | ŁUKASZ | SŁUPSK | | 1985 | M30 | 38 | 209 | | 00:27:23 | 329 | 00:54:32 | 291 | 01:21:37 | 262 | 00:47:02 | 00:47:27 |
| 230 | 1574 | SZNEJDER | PAWEŁ | | | 1997 | M20 | 21 | 210 | | 00:27:23 | 329 | 00:54:32 | 291 | 01:21:38 | 264 | 00:47:04 | 00:47:30 |
| 231 | 1252 | ORSZULAK | JACEK | WYSOKA KAMIENSKA | OSP | 1979 | M35 | 48 | 211 | | 00:25:13 | 198 | 00:51:46 | 210 | 01:20:34 | 236 | 00:47:04 | 00:47:19 |
| 232 | 1104 | WILK | BARTŁOMIEJ | MŚCICE | PSP | 1979 | M35 | 49 | 212 | | 00:23:10 | 110 | 00:49:45 | 149 | 01:17:37 | 179 | 00:47:10 | 00:47:15 |
| 233 | 1160 | KAZIMIERSKA | ZANETA | WOLIN | | 1972 | K40 | 2 | 21 | | 00:27:16 | 317 | 00:54:32 | 291 | 01:21:35 | 260 | 00:47:12 | 00:47:41 |
| 234 | 1141 | DZIETCZYK | KAMIL | MANOWO | | 1983 | M30 | 39 | 213 | | 00:28:41 | 402 | 00:56:38 | 362 | 01:23:43 | 314 | 00:47:14 | 00:49:55 |
| 235 | 1069 | SZABLA | EWELINA | KOSZALIN | | 1985 | K30 | 5 | 22 | | 00:26:01 | 256 | 00:52:57 | 237 | 01:20:22 | 231 | 00:47:19 | 00:47:59 |
| 236 | 1024 | WILKOWSKI | KRZYSZTOF | KOSZALIN | | 1979 | M35 | 50 | 214 | | 00:25:59 | 253 | 00:52:57 | 237 | 01:20:22 | 231 | 00:47:19 | 00:47:59 |
| 237 | 1945 | KACZKAN | AREK | KOSZALIN | rozbiegany Koszalin | 1977 | M35 | 51 | 215 | | 00:25:07 | 191 | 00:51:30 | 201 | 01:18:49 | 208 | 00:47:29 | 00:47:34 |
| 238 | 1083 | SOROKA | PIOTR | KOSZALIN | | 1978 | M35 | 52 | 216 | | 00:25:45 | 229 | 00:53:00 | 240 | 01:20:38 | 237 | 00:47:38 | 00:47:53 |
| 239 | 1085 | WALTER | JOANNA | BIAŁOGARD | KB 10 Białogard | 1972 | K40 | 3 | 23 | | 00:26:02 | 258 | 00:53:25 | 255 | 01:21:10 | 252 | 00:47:41 | 00:47:46 |
| 240 | 1053 | ZAPOLSKI | JULIAN | SŁUBICE | | 1984 | M30 | 40 | 217 | | 00:24:35 | 166 | 00:49:57 | 156 | 01:15:47 | 155 | 00:47:44 | 00:48:24 |
| 241 | 1309 | KUSZ | RADEK | PIŁA | Króliczki w plecaku | 1975 | M40 | 44 | 218 | | 00:27:42 | 347 | 00:54:26 | 286 | 01:21:23 | 257 | 00:47:46 | 00:48:19 |
| 242 | 1181 | TADROWSKI | TOMASZ | INOWROCŁAW | | 1973 | M40 | 45 | 219 | | 00:25:58 | 251 | 00:53:16 | 250 | 01:20:57 | 249 | 00:47:54 | 00:48:06 |
| 243 | 1358 | BUTOWICZ | ADAM | SZCZECINEK | | 1961 | M50 | 14 | 220 | | 00:28:02 | 365 | 00:54:41 | 302 | 01:21:16 | 255 | 00:47:57 | 00:48:15 |
| 244 | 1434 | ZIĘBA | MACIEJ | SZCZECINEK | | 1972 | M40 | 46 | 221 | | 00:27:50 | 353 | 00:55:59 | 338 | 01:23:06 | 297 | 00:47:58 | 00:48:18 |
| 245 | 1451 | NOWICKI | MICHAŁ | KOŁOBRZEG | | 1984 | M30 | 41 | 222 | | 00:27:20 | 322 | 00:54:23 | 284 | 01:20:31 | 234 | 00:47:58 | 00:48:44 |
| 246 | 1297 | MIECZKOWSKI | MICHAŁ | KOŁOBRZEG | KTC Kołobrzeg | 1959 | M55 | 5 | 223 | | 00:24:32 | 162 | 00:51:43 | 206 | 01:19:40 | 222 | 00:47:59 | 00:48:01 |
| 247 | 1566 | CHOJNACKI | BARTOSZ | KOSZALIN | | 1977 | M35 | 53 | 224 | | 00:25:10 | 192 | 00:52:44 | 228 | 01:20:33 | 235 | 00:48:04 | 00:48:16 |
| 248 | 1278 | SOROCZYŃSKI | CZAREK | KOSZALIN | | 1972 | M40 | 47 | 225 | | 00:25:43 | 226 | 00:53:08 | 242 | 01:20:44 | 243 | 00:48:13 | 00:48:19 |
| 249 | 1195 | ROGALSKI | ROBERTO | KOSZALIN | ZSW Zawsze Siegaj Wyżej | 1984 | M30 | 42 | 226 | | 00:23:27 | 118 | 00:50:18 | 163 | 01:19:12 | 216 | 00:48:13 | 00:48:14 |
| 250 | 1370 | KRZYŻOSIAK | AGNIESZKA | MILICZ | Running Team Milicz | 1976 | K35 | 7 | 24 | | 00:25:38 | 223 | 00:53:11 | 243 | 01:20:50 | 246 | 00:48:30 | 00:48:43 |
| 251 | 1461 | ZĄTORSKI | ZBYSZEK | GRZYBOWO | Kołobrzeg Biega | 1982 | M30 | 43 | 227 | | 00:27:20 | 323 | 00:54:31 | 288 | 01:22:16 | 277 | 00:48:32 | 00:49:01 |
| 252 | 1519 | MUSIAŁ | MARCIN | KOSZALIN | | 1979 | M35 | 54 | 228 | | 00:25:12 | 196 | 00:52:46 | 231 | 01:20:47 | 245 | 00:48:34 | 00:48:38 |
| 253 | 1372 | STORCZYK-RAK | AGNIESZKA | SZCZECINEK | | 1985 | K30 | 6 | 25 | | 00:26:32 | 279 | 00:54:15 | 278 | 01:21:47 | 268 | 00:48:34 | 00:48:54 |
| 254 | 1081 | KOŁODZIEJCZAK | MARCIN | SŁUPSK | | 1975 | M40 | 48 | 229 | | 00:25:54 | 244 | 00:52:46 | 231 | 01:20:42 | 241 | 00:48:50 | 00:49:12 |
| 255 | 1458 | KACZMAREK | DAMIAN | RUMIA | KS ISKRA przy AMW Gdynia | 1979 | M35 | 55 | 230 | | 00:28:04 | 371 | 00:55:36 | 324 | 01:23:09 | 300 | 00:48:52 | 00:49:16 |
| 256 | 1809 | PODLECKI | WOJCIECH | ROKIETNICA | Rokietnica Biega | 1983 | M30 | 44 | 231 | | 00:25:56 | 247 | 00:52:42 | 227 | 01:21:37 | 262 | 00:48:52 | 00:49:29 |
| 257 | 1326 | SŁUSARCZYK | NATALIA | PRZELEWICE | | 1985 | K30 | 7 | 26 | | 00:26:28 | 276 | 00:53:40 | 260 | 01:21:52 | 269 | 00:48:53 | 00:49:08 |
| 258 | 1624 | LAMPKOWSKI | KRZYSZTOF | ŚWIESZYNO | | 1966 | M45 | 17 | 232 | | 00:23:52 | 130 | 00:50:45 | 172 | 01:19:38 | 220 | 00:48:55 | 00:49:06 |
| 259 | 1899 | JĘDRASZKO | MAGDA | PASIEKA | MTS Hamer | 1985 | K30 | 8 | 27 | | 00:26:14 | 266 | 00:53:26 | 257 | 01:20:40 | 240 | 00:48:56 | 00:49:17 |
| 260 | 1978 | STACHOWIAK | MAREK | ROKIETNICA | Night Runners/Rokietnica Biega | 1978 | M35 | 56 | 233 | | 00:25:57 | 249 | 00:52:41 | 226 | 01:21:32 | 258 | 00:48:57 | 00:49:31 |
| 261 | 1331 | SIEMIĄTKOWSKI | ROBERT | DARŁOWO | DROGERIE JASMIN | 1978 | M35 | 57 | 234 | | 00:28:01 | 361 | 00:55:51 | 333 | 01:23:44 | 316 | 00:49:07 | 00:49:39 |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

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|-----|------|--------------|-------------|-------------------|--------------------------------|------|-----|----|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 262 | 1176 | LEMBOWICZ | MAREK | POŁCZYN-ZDRÓJ | Fuhrmann | 1955 | M60 | 3 | 235 | 00:28:07 | 374 | 00:55:50 | 331 | 01:23:27 | 306 | 00:49:12 | 00:49:36 |
| 263 | 1933 | PASIEKA | AGNIESZKA | ŚWIDWIN | K.B. SPRINT ŚWIDWIN | 1988 | K25 | 6 | 28 | 00:24:38 | 169 | 00:51:17 | 193 | 01:20:04 | 227 | 00:49:14 | 00:49:20 |
| 264 | 1231 | BADENSKI | TOM | KOSZALIN | Koszalin | 1960 | M55 | 6 | 236 | 00:25:51 | 241 | 00:52:53 | 234 | 01:20:40 | 240 | 00:49:24 | 00:49:31 |
| 265 | 1093 | JÓZWIAK | MARIUSZ | KOSZALIN | | 1980 | M35 | 58 | 237 | 00:26:03 | 259 | 00:53:21 | 252 | 01:21:16 | 255 | 00:49:41 | 00:50:06 |
| 266 | 1881 | MALADA | GRZEGORZ | SZCZECIN | WIECZORNE BIEGANIE W SZCZE | 1967 | M45 | 18 | 238 | 00:27:26 | 331 | 00:54:36 | 297 | 01:22:45 | 280 | 00:49:43 | 00:50:11 |
| 267 | 1251 | CHOŁUJ | KAROL | KOSZALIN | | 1984 | M30 | 45 | 239 | 00:25:35 | 218 | 00:52:38 | 224 | 01:20:55 | 247 | 00:49:46 | 00:50:05 |
| 268 | 1427 | DORAWA | PIOTR | KOSZALIN | | 1989 | M25 | 27 | 240 | 00:25:35 | 218 | 00:52:38 | 224 | 01:20:56 | 248 | 00:49:49 | 00:50:09 |
| 269 | 1357 | GRACZYK | TERESA | SZCZECIN | Puszczky Bukowy | 1959 | K55 | 1 | 29 | 00:25:35 | 218 | 00:53:21 | 252 | 01:22:07 | 272 | 00:49:53 | 00:49:55 |
| 270 | 1345 | DĄBROWSKA | ANNA | KOSZALIN | | 1979 | K35 | 8 | 30 | 00:27:12 | 308 | 00:54:58 | 309 | 01:23:00 | 292 | 00:49:55 | 00:50:09 |
| 271 | 1238 | MĘDEL | CEZARY | KOSZALIN | | 1973 | M40 | 49 | 241 | 00:27:31 | 336 | 00:55:05 | 314 | 01:22:47 | 284 | 00:50:07 | 00:50:30 |
| 272 | 1041 | ROGOZA | IRENEUSZ | KOSZALIN | Biegnijmy.pl | 1972 | M40 | 50 | 242 | 00:27:03 | 301 | 00:54:38 | 299 | 01:23:00 | 292 | 00:50:09 | 00:50:27 |
| 273 | 1417 | WOJTAŁIK | ANDRZEJ | ŚWIESZYNO | | 1952 | M60 | 4 | 243 | 00:27:06 | 305 | 00:55:00 | 310 | 01:22:59 | 289 | 00:50:11 | 00:50:26 |
| 274 | 1545 | ŁABEJSZA | ŁUKASZ | KOSZALIN | | 1985 | M30 | 46 | 244 | 00:24:51 | 177 | 00:51:17 | 193 | 01:19:09 | 215 | 00:50:12 | 00:50:15 |
| 275 | 1250 | PACZYNSKI | PAWEŁ | WYSOKA KAMIENSKA | Forest | 1983 | M30 | 47 | 245 | 00:27:58 | 358 | 00:56:04 | 343 | 01:23:58 | 321 | 00:50:17 | 00:50:39 |
| 276 | 1123 | POLGUJ | PIOTR ROMAN | SZCZECINEK | parkrun szczecinek | 1947 | M65 | 1 | 246 | 00:24:29 | 158 | 00:51:28 | 199 | 01:21:55 | 270 | 00:50:18 | 00:50:20 |
| 277 | 1228 | MĘDEL | MARTA | KOSZALIN | | 1976 | K35 | 9 | 31 | 00:27:31 | 336 | 00:55:06 | 316 | 01:22:47 | 284 | 00:50:23 | 00:50:47 |
| 278 | 1200 | ZYGON | ARTUR | STARGARD | | 1987 | M25 | 28 | 247 | 00:26:57 | 297 | 00:54:40 | 300 | 01:22:46 | 282 | 00:50:24 | 00:50:31 |
| 279 | 1277 | FIJARCZYK | TOMASZ | KOSZALIN | | 1981 | M30 | 48 | 248 | 00:27:06 | 305 | 00:55:07 | 317 | 01:23:02 | 295 | 00:50:35 | 00:51:07 |
| 280 | 1198 | SOBCZYŃSKA | MAGDALENA | POZNAŃ | | 1991 | K20 | 2 | 32 | 00:28:57 | 414 | 00:56:19 | 350 | 01:23:53 | 320 | 00:50:35 | 00:51:13 |
| 281 | 1260 | PACZYŃSKA | JOANNA | WYSOKA KAMIENSKA | | 1986 | K25 | 7 | 33 | 00:28:01 | 361 | 00:56:05 | 345 | 01:24:06 | 323 | 00:50:37 | 00:51:02 |
| 282 | 1526 | KLIMCZAK | KRZYSZTOF | KOSZALIN | | 1987 | M25 | 29 | 249 | 00:28:19 | 390 | 00:55:54 | 334 | 01:24:06 | 323 | 00:50:45 | 00:51:14 |
| 283 | 1666 | KUBIAK | KAROLINA | WEJHEROWO | EXCALIBUR | 1977 | K35 | 10 | 34 | 00:25:15 | 200 | 00:53:26 | 257 | 01:22:44 | 279 | 00:50:46 | 00:50:57 |
| 284 | 1717 | CZACH | SEBASTIAN | DARŁOWO | | 1991 | M20 | 22 | 250 | 00:25:46 | 231 | 00:54:09 | 276 | 01:22:49 | 287 | 00:50:49 | 00:50:55 |
| 285 | 1217 | RÓJ | ANDRZEJ | BIĄŁOGAR | | 1973 | M40 | 51 | 251 | 00:26:05 | 260 | 00:53:27 | 258 | 01:21:38 | 264 | 00:50:50 | 00:50:55 |
| 286 | 1090 | ZIÓŁKOWSKA | SYLWIA | SZCZECIN | SZCZECIN BUKOWE | 1973 | K40 | 4 | 35 | 00:25:35 | 218 | 00:53:21 | 252 | 01:22:10 | 275 | 00:50:55 | 00:50:57 |
| 287 | 1037 | WOJTAŁIK | JACEK | POŁCZYN-ZDRÓJ | | 1987 | M25 | 30 | 252 | 00:27:14 | 313 | 00:55:01 | 311 | 01:22:09 | 274 | 00:50:59 | 00:51:13 |
| 288 | 1042 | LEWANDOWSKA | ANNA | OKONEK | | 1987 | K25 | 8 | 36 | 00:26:49 | 294 | 00:54:33 | 294 | 01:23:01 | 294 | 00:51:06 | 00:51:43 |
| 289 | 1783 | WYBIERAŁA | ADA | MILICZ | Running Team Milicz | 1986 | K25 | 9 | 37 | 00:25:33 | 213 | 00:53:13 | 246 | 01:22:07 | 272 | 00:51:07 | 00:51:20 |
| 290 | 1040 | MILEWSKI | JANEK | STARE BIELICE | | 1988 | M25 | 31 | 253 | 00:25:11 | 193 | 00:52:19 | 220 | 01:20:24 | 232 | 00:51:08 | 00:51:21 |
| 291 | 1175 | KRUSZYŃSKI | STANISŁAW | DARŁOWO | Darłowo Biega.[klup morsów dar | 1960 | M55 | 7 | 254 | 00:28:08 | 376 | 00:55:43 | 328 | 01:23:46 | 318 | 00:51:19 | 00:51:51 |
| 292 | 1544 | OŁOWKA | MARCIN | KOSZALIN | biegnijmy.pl | 1980 | M35 | 59 | 255 | 00:25:50 | 238 | 00:54:05 | 274 | 01:22:49 | 287 | 00:51:20 | 00:51:22 |
| 293 | 1145 | SAPIEJA | KATARZYNA | DARŁOWO | | 1980 | K35 | 11 | 38 | 00:26:33 | 281 | 00:54:44 | 304 | 01:23:12 | 301 | 00:51:22 | 00:51:33 |
| 294 | 1107 | ZABIELSKI | SEBASTIAN | SŁUPSK | STOPA Słupsk | 1980 | M35 | 60 | 256 | 00:25:57 | 249 | 00:53:51 | 266 | 01:22:46 | 282 | 00:51:26 | 00:51:53 |
| 295 | 1143 | KOZŁOWIECKI | WALDEMAR | KOSZALIN | | 1951 | M60 | 5 | 257 | 00:25:39 | 224 | 00:53:42 | 262 | 01:22:36 | 278 | 00:51:27 | 00:51:28 |
| 296 | 1456 | KOROLKIEWICZ | RAFAL | POZNAŃ | | 1976 | M35 | 61 | 258 | 00:27:14 | 313 | 00:56:05 | 345 | 01:25:01 | 335 | 00:51:27 | 00:51:41 |
| 297 | 1441 | ZIELIŃSKI | TOMASZ | NIEKŁONICE | | 1972 | M40 | 52 | 259 | 00:25:58 | 251 | 00:53:14 | 248 | 01:21:35 | 260 | 00:51:30 | 00:52:06 |
| 298 | 1111 | KAJKOWSKI | RAFAL | KOSZALIN | | 1975 | M40 | 53 | 260 | 00:24:53 | 178 | 00:53:03 | 241 | 01:21:47 | 268 | 00:51:35 | 00:51:36 |
| 299 | 1031 | KUBLER | ANDRZEJ | GOLEŃÓW | Rozbiegany Goleniów | 1982 | M30 | 49 | 261 | 00:26:23 | 271 | 00:54:15 | 278 | 01:23:00 | 292 | 00:51:39 | 00:51:42 |
| 300 | 1604 | PRZYWECKA | KATARZYNA | GOLEŃÓW | Rozbiegany Goleniów | 1979 | K35 | 12 | 39 | 00:26:23 | 271 | 00:54:15 | 278 | 01:23:00 | 292 | 00:51:39 | 00:51:41 |
| 301 | 1267 | KAZMIERCZAK | ROBERT | KOŁOBRZEG-NIEKANI | | 1971 | M40 | 54 | 262 | 00:26:42 | 287 | 00:54:48 | 306 | 01:23:32 | 308 | 00:51:46 | 00:52:04 |
| 302 | 1216 | GUTKOWSKI | WOJCIECH | SZCZECINEK | | 1966 | M45 | 19 | 263 | 00:27:22 | 327 | 00:55:50 | 331 | 01:24:12 | 325 | 00:51:46 | 00:52:07 |
| 303 | 1191 | JAŁOWIECKA | BOŻENA | SZCZECINEK | | 1971 | K40 | 5 | 40 | 00:27:50 | 353 | 00:55:59 | 338 | 01:24:07 | 324 | 00:51:49 | 00:52:10 |
| 304 | 1337 | CHMIELEWSKI | TOMASZ | SZCZECIN | | 1985 | M30 | 50 | 264 | 00:26:27 | 274 | 00:54:38 | 299 | 01:23:41 | 310 | 00:51:55 | 00:52:30 |
| 305 | 1365 | POKRZYWKA | TOMASZ | KOSZALIN | | 1967 | M45 | 20 | 265 | 00:27:34 | 342 | 00:55:13 | 320 | 01:23:41 | 310 | 00:51:56 | 00:52:47 |
| 306 | 1567 | HERMANOWICZ | MŁOSZ | SZCZECIN | | 1985 | M30 | 51 | 266 | 00:26:27 | 274 | 00:54:41 | 302 | 01:23:41 | 310 | 00:51:56 | 00:52:30 |
| 307 | 1392 | KUSIŃSKI | PRZEMYSŁAW | ŚWINOUJŚCIE | 10 w skali Beauforta | 1977 | M35 | 62 | 267 | 00:26:35 | 283 | 00:54:16 | 280 | 01:23:18 | 303 | 00:52:06 | 00:52:22 |
| 308 | 1239 | SIKORSKA | GRAŻYNA | BOBOLICE | | 1961 | K50 | 1 | 41 | 00:27:04 | 303 | 00:55:06 | 316 | 01:23:13 | 302 | 00:52:09 | 00:52:25 |
| 309 | 1245 | RADAJEWSKI | ŁUKASZ | WOLSZTYN | KB Maniac | 1981 | M30 | 52 | 268 | 00:29:08 | 432 | 00:57:25 | 383 | 01:25:28 | 346 | 00:52:13 | 00:52:42 |
| 310 | 1073 | KARTOSZ | MARIUSZ | GRYFICE | RunGryf Gryfice | 1973 | M40 | 55 | 269 | 00:27:13 | 310 | 00:54:20 | 282 | 01:23:07 | 299 | 00:52:22 | 00:53:01 |
| 311 | 1114 | STĘPIŃSKI | MIROSLAW | GRYFICE | RunGryf | 1976 | M35 | 63 | 270 | 00:27:13 | 310 | 00:54:19 | 281 | 01:23:07 | 299 | 00:52:22 | 00:53:01 |
| 312 | 1177 | GOTOWAŁA | RAFAL | KOSZALIN | | 1977 | M35 | 64 | 271 | 00:26:14 | 266 | 00:53:52 | 267 | 01:22:12 | 276 | 00:52:24 | 00:52:34 |
| 313 | 1391 | KUSIŃSKA | BERNADETA | ŚWINOUJŚCIE | 10 w skali Beauforta | 1977 | K35 | 13 | 42 | 00:26:52 | 296 | 00:54:58 | 309 | 01:23:44 | 316 | 00:52:31 | 00:52:48 |
| 314 | 1259 | PREDKO | TOMASZ | SZCZECIN | | 1982 | M30 | 53 | 272 | 00:28:53 | 411 | 00:57:01 | 372 | 01:25:27 | 345 | 00:52:35 | 00:52:57 |
| 315 | 1127 | WIERZBICKI | JAKUB | ŚWIDWIN | | 1985 | M30 | 54 | 273 | 00:27:29 | 334 | 00:58:03 | 404 | 01:24:46 | 332 | 00:52:35 | 00:53:10 |
| 316 | 1299 | KUZAN | SŁAWEK | CZARNE | | 1989 | M25 | 32 | 274 | 00:29:21 | 445 | 00:57:42 | 396 | 01:25:37 | 351 | 00:52:35 | 00:53:23 |
| 317 | 1590 | WÓJCİK | DAMIAN | PARNOWO | RUNNERSWALDE | 1970 | M45 | 21 | 275 | 00:25:29 | 208 | 00:52:39 | 225 | 01:21:46 | 266 | 00:52:49 | 00:53:17 |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

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|-----|------|-----------------|------------|------------------|------------------------------|------|-----|----|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 318 | 1440 | FOSZCZ-REDA | MONIKA | KOSZALIN | | 1989 | K25 | 10 | 43 | 00:25:37 | 222 | 00:53:13 | 246 | 01:22:08 | 273 | 00:52:51 | 00:52:55 |
| 319 | 1512 | PIĘTA | EMIL | KOSZALIN | | 1987 | M25 | 33 | 276 | 00:26:01 | 256 | 00:53:12 | 244 | 01:20:47 | 245 | 00:52:53 | 00:53:07 |
| 320 | 1529 | WIERZBICKI | SYLWESTER | DARŁOWO | | 1984 | M30 | 55 | 277 | 00:28:01 | 361 | 00:55:51 | 333 | 01:24:39 | 331 | 00:52:58 | 00:53:30 |
| 321 | 1513 | BARANIECKI | ZBIGNIEW | POZNAŃ | BRYLANT KURNIK | 1958 | M55 | 8 | 278 | 00:29:50 | 468 | 00:59:17 | 437 | 01:27:07 | 385 | 00:52:59 | 00:53:28 |
| 322 | 1974 | KOŁODZIEJCZAK | GRZEGORZ | SZCZECINEK | PARKRUN Szczecinek | 1974 | M40 | 56 | 279 | 00:25:54 | 244 | 00:53:39 | 259 | 01:23:46 | 318 | 00:53:04 | 00:53:26 |
| 323 | 1378 | MERDA | PAWEŁ | ŚWINOUJŚCIE | | 1988 | M25 | 34 | 280 | 00:28:55 | 413 | 00:56:57 | 369 | 01:24:31 | 328 | 00:53:06 | 00:53:40 |
| 324 | 1551 | KRZEWINSKA | MALGORZATA | KOSZALIN | 4Run TKKF Koszalin | 1959 | K55 | 2 | 44 | 00:28:13 | 386 | 00:56:25 | 354 | 01:24:52 | 333 | 00:53:06 | 00:53:29 |
| 325 | 1379 | DRÓŻDŻ | MARIUSZ | DRAWSKO POMORSKI | NIEZRZESZONY | 1976 | M35 | 65 | 281 | 00:26:45 | 290 | 00:54:06 | 275 | 01:22:49 | 287 | 00:53:08 | 00:53:25 |
| 326 | 1442 | GWIAZDA | MARIUSZ | SZCZECINEK | | 1976 | M35 | 66 | 282 | 00:28:11 | 382 | 00:56:45 | 365 | 01:25:29 | 347 | 00:53:08 | 00:53:26 |
| 327 | 1555 | LIPCZEWSKA | JUSTYNA | SZCZECINEK | | 1985 | K30 | 9 | 45 | 00:28:12 | 384 | 00:56:48 | 366 | 01:25:30 | 348 | 00:53:15 | 00:53:33 |
| 328 | 1407 | KWIETNIEWSKI | DANIEL | KOSZALIN | | 1979 | M35 | 67 | 283 | 00:29:28 | 452 | 00:58:03 | 404 | 01:25:54 | 357 | 00:53:16 | 00:53:47 |
| 329 | 1320 | HAŁAJKO | MAGDALENA | KOSZALIN | Babeczki | 1982 | K30 | 10 | 46 | 00:28:13 | 386 | 00:56:23 | 353 | 01:25:05 | 339 | 00:53:17 | 00:53:58 |
| 330 | 1213 | ZELECHOWSKA | MAGDALENA | KOSZALIN | | 1977 | K35 | 14 | 47 | 00:27:37 | 344 | 00:55:05 | 314 | 01:23:20 | 304 | 00:53:22 | 00:53:43 |
| 331 | 1349 | NACHYŁA | PIOTR | SŁUPSK | Stopa | 1971 | M40 | 57 | 284 | 00:28:03 | 368 | 00:56:31 | 357 | 01:25:03 | 337 | 00:53:28 | 00:53:58 |
| 332 | 1159 | TUDRUJ | ANDRZEJ | SŁUPSK | RUN-LOG.COM | 1973 | M40 | 58 | 285 | 00:26:28 | 276 | 00:54:36 | 297 | 01:23:43 | 314 | 00:53:29 | 00:53:48 |
| 333 | 1789 | NAGRABECKI | HUBERT | KOSZALIN | | 1984 | M30 | 56 | 286 | 00:27:20 | 322 | 00:55:36 | 324 | 01:24:22 | 326 | 00:53:33 | 00:53:46 |
| 334 | 1351 | NOWAK | ADAM | SZCZECINEK | Team Biegowy Szczecinek | 1961 | M50 | 15 | 287 | 00:28:06 | 373 | 00:56:43 | 364 | 01:25:24 | 342 | 00:53:38 | 00:54:11 |
| 335 | 1149 | PAWLAK | MAREK | KOSZALIN | | 1983 | M30 | 57 | 288 | 00:27:29 | 334 | 00:55:38 | 325 | 01:24:34 | 330 | 00:53:38 | 00:54:04 |
| 336 | 1354 | JARZĄBEK | MAGDALENA | SIANÓW | | 1993 | K20 | 3 | 48 | 00:28:49 | 408 | 00:57:39 | 392 | 01:26:37 | 373 | 00:53:39 | 00:54:12 |
| 337 | 1996 | RZYWUJKA | JOLANTA | PIŁA | Kroliczki w plecaku | 1977 | K35 | 15 | 49 | 00:27:43 | 349 | 00:56:00 | 340 | 01:25:18 | 341 | 00:53:47 | 00:54:20 |
| 338 | 1071 | KRÓL | DARIUSZ | POŁCZYN-ZDRÓJ | Półczyn biega | 1963 | M50 | 16 | 289 | 00:28:40 | 400 | 00:57:25 | 383 | 01:26:05 | 361 | 00:53:48 | 00:54:03 |
| 339 | 1006 | MARKOWSKI | ANDRZEJ | KOSZALIN | TKKF Koszalin | 1953 | M60 | 6 | 290 | 00:26:26 | 272 | 00:55:08 | 318 | 01:24:34 | 330 | 00:54:01 | 00:54:05 |
| 340 | 1558 | BIEDRZYCKI | JAROSŁAW | KOSZALIN | | 1980 | M35 | 68 | 291 | 00:26:44 | 289 | 00:54:46 | 305 | 01:23:47 | 314 | 00:54:04 | 00:54:17 |
| 341 | 1290 | MARYNIAK | AGATA | SZCZECIN | Wieczne Bieganie w Szczecini | 1979 | K35 | 16 | 50 | 00:28:28 | 395 | 00:56:59 | 370 | 01:26:58 | 381 | 00:54:05 | 00:54:34 |
| 342 | 1265 | PIŃKOWSKA | PATRYCJA | SZCZECIN | Wieczne Bieganie w Sz-nie | 1982 | K30 | 11 | 51 | 00:28:27 | 393 | 00:56:56 | 368 | 01:25:40 | 352 | 00:54:06 | 00:54:34 |
| 343 | 1592 | WOJCIECHOWSKI | MARCIN | SZCZECIN | | 1978 | M35 | 69 | 292 | 00:28:29 | 396 | 00:57:00 | 371 | 01:25:45 | 353 | 00:54:06 | 00:54:35 |
| 344 | 1382 | DYWAN | SŁAWEK | SŁAWOBORZE | | 1990 | M25 | 35 | 293 | 00:31:04 | 514 | 01:00:53 | 470 | 01:29:08 | 431 | 00:54:09 | 00:54:59 |
| 345 | 1887 | NACHYŁA | PAWEŁ | KOSZALIN | Dziki Koszalin | 1987 | M25 | 36 | 294 | 00:22:39 | 89 | 00:47:53 | 113 | 01:23:03 | 296 | 00:54:13 | 00:54:26 |
| 346 | 1371 | ROGOSZ | JAKUB | KOSZALIN | AMADEUS CROSS TRAINING GYM | 1988 | M25 | 37 | 295 | 00:29:27 | 450 | 00:58:27 | 408 | 01:27:14 | 389 | 00:54:14 | 00:54:50 |
| 347 | 1332 | KRYSZCZUK | MICHAŁ | DARŁOWO | Amadeus CrossTraining Gym | 1987 | M25 | 38 | 296 | 00:29:28 | 452 | 00:58:27 | 408 | 01:27:13 | 387 | 00:54:14 | 00:54:50 |
| 348 | 1608 | GRZELAK | KARINA | KOSZALIN | biegnijmy.pl | 1977 | K35 | 17 | 52 | 00:28:18 | 389 | 00:56:36 | 360 | 01:26:02 | 360 | 00:54:16 | 00:54:51 |
| 349 | 1100 | KALISZUK | DAMIAN | KOSZALIN | wkurw_team | 1982 | M30 | 58 | 297 | 00:29:04 | 428 | 00:58:40 | 421 | 01:27:14 | 389 | 00:54:24 | 00:55:03 |
| 350 | 1007 | KUŹNIK | SEBASTIAN | KOSZALIN | Żytia Team | 1984 | M30 | 59 | 298 | 00:25:22 | 202 | 00:53:48 | 265 | 01:23:30 | 307 | 00:54:27 | 00:54:40 |
| 351 | 1077 | MIASEK | RYSZARD | MANOWO | niezrzyszony | 1977 | M35 | 70 | 299 | 00:27:06 | 305 | 00:56:21 | 351 | 01:25:32 | 349 | 00:54:31 | 00:54:40 |
| 352 | 1241 | BRZEZICKA | KORNELIA | WOLIN | WEGAS WOLIN | 1983 | K30 | 12 | 53 | 00:28:03 | 368 | 00:57:14 | 376 | 01:26:15 | 365 | 00:54:37 | 00:54:51 |
| 353 | 1033 | KOŁAKOWSKI | DARIUSZ | ŚWIDWIN | K.B.SPRINT ŚWIDWIN | 1972 | M40 | 59 | 300 | 00:27:44 | 351 | 00:56:11 | 347 | 01:27:03 | 383 | 00:54:52 | 00:55:09 |
| 354 | 1122 | CHRZANOWSKI | PIOTR | SZCZECINEK | Team Biegowy Szczecinek | 1984 | M30 | 60 | 301 | 00:28:16 | 388 | 00:57:37 | 390 | 01:27:22 | 392 | 00:54:56 | 00:55:48 |
| 355 | 1019 | ROMAN | SYLWIA | SŁAWNO | MKS Święc Sławno | 1977 | K35 | 18 | 54 | 00:28:11 | 382 | 00:57:36 | 387 | 01:27:16 | 391 | 00:54:58 | 00:55:08 |
| 356 | 1462 | RAMA | JANUSZ | KOŁOBRZEG | Kołobrzeg Biega | 1973 | M40 | 60 | 302 | 00:27:20 | 322 | 00:54:32 | 291 | 01:23:24 | 305 | 00:54:58 | 00:55:28 |
| 357 | 1018 | WOLF | WERONIKA | SIANÓW | Babeczki Koszalin | 1975 | K40 | 6 | 55 | 00:27:37 | 344 | 00:56:23 | 353 | 01:25:36 | 350 | 00:55:02 | 00:55:24 |
| 358 | 1452 | ZDUŃCZYK | KRYSTIAN | CHOJNA | | 1977 | M35 | 71 | 303 | 00:29:14 | 438 | 00:58:55 | 423 | 01:27:52 | 405 | 00:55:03 | 00:55:35 |
| 359 | 1098 | PROTASIEWICZ | MARLENA | GOLENIÓW | Rozbiegany Goleniów | 1988 | K25 | 11 | 56 | 00:26:39 | 286 | 00:55:40 | 327 | 01:25:46 | 355 | 00:55:06 | 00:55:08 |
| 360 | 1585 | JAKUBOWSKI | MIECZYŚLAW | ZIELENIEWO | KOŁOBRZEG BIEGA | 1976 | M35 | 72 | 304 | 00:29:06 | 430 | 00:58:27 | 408 | 01:26:57 | 380 | 00:55:07 | 00:55:51 |
| 361 | 1488 | PIETRASIK | ANNA | SZCZECIN | Wieczne Bieganie w Szczecini | 1982 | K30 | 13 | 57 | 00:28:58 | 416 | 00:58:57 | 425 | 01:27:47 | 398 | 00:55:07 | 00:55:34 |
| 362 | 1580 | ROLA | BOGUSŁAW | RESKO | | 1967 | M45 | 22 | 305 | 00:30:03 | 479 | 00:59:08 | 432 | 01:27:59 | 406 | 00:55:09 | 00:55:34 |
| 363 | 1575 | ŻURAWSKI | MICHAŁ | SZCZECIN | WWW.LILLET.PL | 1982 | M30 | 61 | 306 | 00:28:44 | 403 | 00:57:38 | 391 | 01:26:40 | 376 | 00:55:10 | 00:55:14 |
| 364 | 1576 | RYDZYŃSKA | SANDRA | SZCZECIN | IRON INSANE | 1997 | K20 | 4 | 58 | 00:28:45 | 404 | 00:57:36 | 387 | 01:26:41 | 377 | 00:55:10 | 00:55:14 |
| 365 | 1152 | PÓŁTORZYCKI | PIOTR | SŁUPSK | STOPA SŁUPSK | 1971 | M40 | 61 | 307 | 00:26:32 | 279 | 00:55:19 | 322 | 01:25:02 | 336 | 00:55:15 | 00:55:24 |
| 366 | 1443 | SKOWYRSKI | JANUSZ | BIESIEKIERZ | roweria koszalin | 1962 | M50 | 17 | 308 | 00:27:21 | 326 | 00:56:03 | 342 | 01:25:14 | 340 | 00:55:22 | 00:55:33 |
| 367 | 1155 | MARKIEWICZ | AGATA | SWINOUJSCIE | | 1988 | K25 | 12 | 59 | 00:28:09 | 378 | 00:57:03 | 374 | 01:26:08 | 363 | 00:55:24 | 00:55:32 |
| 368 | 1539 | SZADZIŃSKI | KRZYSZTOF | KOSZALIN | JW. 1223 | 1971 | M40 | 62 | 309 | 00:29:00 | 420 | 00:56:56 | 368 | 01:26:17 | 367 | 00:55:34 | 00:55:55 |
| 369 | 1048 | JAROSZ-PIWONSKI | ALDONA | GÓRA KALWARIA | | 1979 | K35 | 19 | 60 | 00:27:44 | 351 | 00:56:17 | 349 | 01:25:25 | 344 | 00:55:38 | 00:56:08 |
| 370 | 1021 | PAŁOSZ | DANIEL | WOLIN | BBL Police | 1973 | M40 | 63 | 310 | 00:27:37 | 344 | 00:56:38 | 362 | 01:25:46 | 355 | 00:55:40 | 00:55:53 |
| 371 | 1230 | KRAWCZYK | TOMASZ | BIESIEKIERZ | | 1980 | M35 | 73 | 311 | 00:29:37 | 459 | 00:58:37 | 417 | 01:27:47 | 398 | 00:55:40 | 00:56:15 |
| 372 | 1060 | WŁODARCZYK | MARTA | SŁUPSK | STOPA Słupsk | 1984 | K30 | 14 | 61 | 00:28:02 | 365 | 00:56:31 | 357 | 01:26:14 | 364 | 00:55:42 | 00:56:12 |
| 373 | 1977 | KLUJ | ARTUR | GRYFICE | | 1977 | M35 | 74 | 312 | 00:28:04 | 371 | 00:56:31 | 357 | 01:25:59 | 359 | 00:55:44 | 00:56:08 |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

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|-----|------|----------------|-----------|-------------------|-------------------------------|------|-----|----|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 374 | 1888 | ŚLUSARZ | KRZYSZTOF | KOSZALIN | | 1968 | M45 | 23 | 313 | 00:26:59 | 299 | 00:56:28 | 355 | 01:25:58 | 358 | 00:55:50 | 00:55:54 |
| 375 | 1022 | LASKA | AGNIESZKA | ŚLAWNO | | 1974 | K40 | 7 | 62 | 00:28:09 | 378 | 00:57:36 | 387 | 01:27:16 | 391 | 00:55:52 | 00:56:03 |
| 376 | 1818 | TOMASZEWSKI | KRZYSZTOF | KOSZALIN | | 1984 | M30 | 62 | 314 | 00:31:49 | 536 | 01:00:27 | 465 | 01:28:38 | 419 | 00:55:55 | 00:56:37 |
| 377 | 1074 | KARWASZ | KRZYSZTOF | KWAKOWO | Katedra Koszalin | 1974 | M40 | 64 | 315 | 00:28:06 | 373 | 00:57:16 | 377 | 01:26:55 | 379 | 00:55:59 | 00:56:17 |
| 378 | 1202 | DATA | DARIUSZ | KOSZALIN | | 1976 | M35 | 75 | 316 | 00:28:10 | 380 | 00:57:17 | 379 | 01:27:10 | 386 | 00:56:06 | 00:56:33 |
| 379 | 1025 | RUTKIEWICZ | MAREK | KOBYLANKA | | 1966 | M45 | 24 | 317 | 00:29:12 | 434 | 00:58:03 | 404 | 01:26:43 | 378 | 00:56:06 | 00:56:36 |
| 380 | 1336 | SZYDLIK | KRZYSZTOF | GDĄSK | Akademia Biegania | 1976 | M35 | 76 | 318 | 00:31:17 | 523 | 01:00:18 | 460 | 01:28:30 | 417 | 00:56:06 | 00:56:41 |
| 381 | 1405 | JASIŃSKI | JAROSŁAW | KOŁOBRZEG | | 1974 | M40 | 65 | 319 | 00:28:46 | 406 | 00:57:37 | 390 | 01:27:04 | 384 | 00:56:07 | 00:56:39 |
| 382 | 1281 | WOLIŃSKA | IRENA | WOLIN | | 1964 | K50 | 2 | 63 | 00:27:12 | 308 | 00:56:15 | 348 | 01:26:08 | 363 | 00:56:08 | 00:56:12 |
| 383 | 1180 | DEREWOŃKO | RADOSŁAW | BIAŁOGARD | radoFit | 1977 | M35 | 77 | 320 | 00:28:03 | 368 | 00:56:38 | 362 | 01:26:24 | 369 | 00:56:10 | 00:56:35 |
| 384 | 1208 | RASZPLA | RADOSŁAW | KOSZALIN | cioteczki.pl | 1973 | M40 | 66 | 321 | 00:25:12 | 196 | 00:54:00 | 271 | 01:24:26 | 327 | 00:56:11 | 00:56:26 |
| 385 | 1445 | KĘPKA | MIROŚLAW | ŚWIDWIN | K.B."SPRINT" Świdwin | 1970 | M45 | 25 | 322 | 00:27:20 | 322 | 00:56:03 | 342 | 01:26:17 | 367 | 00:56:16 | 00:56:33 |
| 386 | 1465 | TROTT | DANIEL | KOŁOBRZEG | | 1974 | M40 | 67 | 323 | 00:30:21 | 484 | 00:59:19 | 438 | 01:28:11 | 410 | 00:56:24 | 00:57:10 |
| 387 | 1017 | PANAS | GOSIA | KOŁOBRZEG | Koło brzeski Klub Morsów | 1970 | K45 | 4 | 64 | 00:30:22 | 485 | 00:59:21 | 441 | 01:28:11 | 410 | 00:56:26 | 00:57:10 |
| 388 | 1559 | MAZUR | MIROŚLAW | KOSZALIN | | 1970 | M45 | 26 | 324 | 00:30:54 | 508 | 00:59:37 | 444 | 01:28:39 | 420 | 00:56:32 | 00:56:58 |
| 389 | 1130 | ŁUSZCZEWSKI | KRZYSZTOF | ZŁOTÓW | Żytnia Team | 1977 | K35 | 20 | 65 | 00:27:14 | 313 | 00:56:05 | 345 | 01:25:48 | 356 | 00:56:34 | 00:56:49 |
| 390 | 1401 | NOWAK | RAFAŁ | SZCZECIN | | 1975 | M40 | 68 | 325 | 00:27:33 | 340 | 00:55:55 | 336 | 01:25:25 | 344 | 00:56:34 | 00:57:14 |
| 391 | 1292 | BEMBENEK | MAREK | BEZRZECZE | | 1973 | M40 | 69 | 326 | 00:29:02 | 424 | 00:58:38 | 418 | 01:27:51 | 403 | 00:56:52 | 00:57:16 |
| 392 | 1727 | WALCZAK | RAFAŁ | KOSZALIN | | 1976 | M35 | 78 | 327 | 00:27:42 | 347 | 00:57:02 | 373 | 01:27:26 | 394 | 00:57:00 | 00:57:21 |
| 393 | 1316 | OLSZYK | TADEUSZ | ŚWINOUJŚCIE | KB JOGGING | 1956 | M55 | 9 | 328 | 00:26:50 | 295 | 00:57:40 | 394 | 01:27:24 | 393 | 00:57:03 | 00:57:24 |
| 394 | 1377 | SKORUPSKA | ANNA | ŚLUPSK | STOPA Słupsk | 1977 | K35 | 21 | 66 | 00:29:02 | 424 | 00:58:32 | 412 | 01:28:25 | 415 | 00:57:08 | 00:57:36 |
| 395 | 1138 | KOZAK | MONIKA | KOSZALIN | | 1984 | K30 | 15 | 67 | 00:29:19 | 442 | 00:58:59 | 427 | 01:28:42 | 422 | 00:57:16 | 00:57:44 |
| 396 | 1366 | KUPREWICZ | GRZEGORZ | KOSZALIN | | 1985 | M30 | 63 | 329 | 00:29:39 | 461 | 00:59:17 | 437 | 01:29:10 | 420 | 00:57:48 | 00:58:27 |
| 397 | 1506 | KĘPKA | KAROLINA | ŚLUPSK | STOPA | 1975 | K40 | 8 | 68 | 00:29:24 | 446 | 00:59:01 | 428 | 01:28:49 | 426 | 00:57:50 | 00:58:20 |
| 398 | 1774 | ZIELIŃSKI | KRZYSZTOF | GOŁDAP | | 1974 | M40 | 70 | 330 | 00:27:27 | 332 | 00:56:34 | 359 | 01:26:38 | 374 | 00:57:52 | 00:58:14 |
| 399 | 1103 | RYBARCZYK | JACEK | GDĄSK | Akademia Biegania | 1968 | M45 | 27 | 331 | 00:28:09 | 378 | 00:57:58 | 400 | 01:28:24 | 414 | 00:57:54 | 00:58:00 |
| 400 | 1606 | PSYK | CEZARY | ŚWIDWIN | | 1984 | M30 | 64 | 332 | 00:29:03 | 427 | 00:58:40 | 421 | 01:28:24 | 414 | 00:58:02 | 00:58:27 |
| 401 | 1129 | BELICA | SZYMON | POŁCZYŃ ZDRÓJ | połczyź-zdrój biega | 1977 | M35 | 79 | 333 | 00:27:14 | 313 | 00:55:02 | 312 | 01:24:56 | 334 | 00:58:04 | 00:58:18 |
| 402 | 1432 | KUBIAK | MATEUSZ | KAMIEN POMORSKI | KB Kamień Pomorski | 1984 | M30 | 65 | 334 | 00:29:20 | 444 | 00:59:07 | 430 | 01:28:49 | 426 | 00:58:05 | 00:58:33 |
| 403 | 1603 | DZIĘBOWSKI | MARIUSZ | KOSZALIN | | 1986 | M25 | 39 | 335 | 00:26:01 | 256 | 00:55:16 | 321 | 01:26:31 | 371 | 00:58:07 | 00:58:35 |
| 404 | 1169 | BRZEZIŃSKA | ANNA | SZCZECIN | WIECZORNE BIEGANIE W SZCZECIE | 1979 | K35 | 22 | 69 | 00:28:58 | 416 | 00:59:06 | 429 | 01:28:48 | 424 | 00:58:14 | 00:58:42 |
| 405 | 1119 | JANUSZEWSKI | JACEK | KOSZALIN | NIEZRZESZONY | 1962 | M50 | 18 | 336 | 00:25:33 | 213 | 00:54:01 | 272 | 01:25:04 | 338 | 00:58:16 | 00:58:30 |
| 406 | 1964 | TLUCHOWSKI | JAN | ŚLUPSK | STOPA Słupsk | 1964 | M50 | 19 | 337 | 00:29:19 | 442 | 00:58:36 | 415 | 01:28:40 | 421 | 00:58:17 | 00:58:48 |
| 407 | 1137 | JAKUBIAK | MACIEJ | BIESIEKIRZ | | 1981 | M30 | 66 | 338 | 00:29:37 | 459 | 00:58:37 | 417 | 01:27:48 | 400 | 00:58:25 | 00:59:01 |
| 408 | 1121 | KOSICKA | ANNA | GDĄSK | Stopa Słupsk/Team Spirit | 1977 | K35 | 23 | 70 | 00:29:25 | 447 | 00:59:22 | 443 | 01:29:39 | 436 | 00:58:34 | 00:59:03 |
| 409 | 1004 | ZATOR | PIOTR | POZNAŃ | KB Maniac Poznań | 1983 | M30 | 67 | 339 | 00:29:40 | 462 | 00:59:58 | 452 | 01:30:04 | 445 | 00:58:41 | 00:59:14 |
| 410 | 1918 | LAS | MATEUSZ | KOSZALIN | | 1996 | M20 | 23 | 340 | 00:23:58 | 134 | 00:51:41 | 204 | 01:23:42 | 312 | 00:58:41 | 00:58:50 |
| 411 | 1914 | ROCZEŃ | GRZEGORZ | GOŁDAP | Łowcy Przygód Gołdap | 1978 | M35 | 80 | 341 | 00:26:43 | 288 | 00:55:55 | 336 | 01:28:03 | 408 | 00:58:42 | 00:59:01 |
| 412 | 1167 | NAZARKIEWICZ | TOMASZ | MŚCICE | | 1976 | M35 | 81 | 342 | 00:29:02 | 424 | 00:58:00 | 401 | 01:27:39 | 395 | 00:58:44 | 00:59:18 |
| 413 | 1151 | JAKUBIAK | ŚLAWOMIR | BIESIEKIERZ | | 1976 | M35 | 82 | 343 | 00:29:37 | 459 | 00:58:39 | 419 | 01:27:48 | 400 | 00:58:49 | 00:59:25 |
| 414 | 1419 | KAMYK | PIOTR | KOSZALIN | MH Koszalin | 1980 | M35 | 83 | 344 | 00:31:10 | 520 | 01:02:53 | 518 | 01:32:41 | 469 | 00:58:49 | 00:59:21 |
| 415 | 1015 | SZCZYGIEL | PAWEŁ | STARGARD SZCZECIN | | 1987 | M25 | 40 | 345 | 00:26:28 | 276 | 00:55:39 | 326 | 01:26:36 | 372 | 00:58:52 | 00:58:59 |
| 416 | 1223 | NAZARKIEWICZ | ANTONI | KOLONIA | | 1981 | M30 | 68 | 346 | 00:29:13 | 436 | 00:58:04 | 406 | 01:27:51 | 403 | 00:58:56 | 00:59:28 |
| 417 | 1300 | LIS | STANISŁAW | KOSZALIN | | 1981 | M30 | 69 | 347 | 00:25:02 | 186 | 00:53:14 | 248 | 01:22:49 | 287 | 00:58:59 | 00:59:09 |
| 418 | 1112 | SOBIERAJSKA | ANIA | KOSZALIN | | 1981 | K30 | 16 | 71 | 00:27:34 | 342 | 00:57:45 | 397 | 01:28:47 | 423 | 00:58:59 | 00:59:34 |
| 419 | 1051 | MROCZKOWSKA | MARTA | KOSZALIN | | 1982 | K30 | 17 | 72 | 00:28:59 | 418 | 00:58:36 | 415 | 01:28:56 | 429 | 00:59:02 | 00:59:39 |
| 420 | 1466 | JARUGA | ARTUR | KOSZALIN | | 1978 | M35 | 84 | 348 | 00:29:19 | 442 | 00:59:08 | 432 | 01:29:32 | 435 | 00:59:04 | 00:59:27 |
| 421 | 1008 | ANDRUSZKIEWICZ | GRZEGORZ | SZCZECINEK | Parkrun Szczecinek | 1977 | M35 | 85 | 349 | 00:29:26 | 449 | 00:59:21 | 441 | 01:29:51 | 438 | 00:59:11 | 00:59:18 |
| 422 | 1307 | OSOBIŃSKI | RYSZARD | KOSZALIN | | 1956 | M55 | 10 | 350 | 00:27:25 | 330 | 00:57:08 | 375 | 01:27:51 | 403 | 00:59:13 | 00:59:28 |
| 423 | 1999 | TARASIEWICZ | DOROTA | KOSZALIN | fabrykpozycji.pl | 1983 | K30 | 18 | 73 | 00:29:44 | 463 | 00:59:46 | 448 | 01:30:03 | 444 | 00:59:23 | 00:59:52 |
| 424 | 1172 | JUTRZENKA | AGNIESZKA | BIAŁOGARD | | 1970 | K45 | 5 | 74 | 00:29:50 | 468 | 00:59:55 | 451 | 01:29:59 | 442 | 00:59:24 | 00:59:47 |
| 425 | 1174 | STUPAK | AGNIESZKA | BIAŁOGARD | | 1973 | K40 | 9 | 75 | 00:29:50 | 468 | 00:59:55 | 451 | 01:29:59 | 442 | 00:59:27 | 00:59:46 |
| 426 | 1178 | RAK | KASIA | BIAŁOGARD | | 1975 | K40 | 10 | 76 | 00:29:47 | 465 | 00:59:54 | 449 | 01:29:58 | 440 | 00:59:28 | 00:59:47 |
| 427 | 1406 | MALINOWSKI | KRZYSZTOF | KOSZALIN | | 1985 | M30 | 70 | 351 | 00:26:49 | 294 | 00:55:44 | 329 | 01:26:30 | 370 | 00:59:29 | 00:59:58 |
| 428 | 1168 | KOŁODZIEJCZYK | DANUTA | BIESOWICE | | 1964 | K50 | 3 | 77 | 00:30:54 | 508 | 01:01:36 | 483 | 01:31:26 | 457 | 00:59:30 | 00:59:54 |
| 429 | 1778 | WITCZUK | MARCIN | KOSZALIN | | 1980 | M35 | 86 | 352 | 00:29:34 | 455 | 00:59:12 | 434 | 01:29:16 | 433 | 00:59:31 | 01:00:10 |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

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|-----|------|----------------|------------|-----------------|---------------------------------|------|-----|----|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 430 | 1498 | CINCIO | ROBERT | BIESIEKIERZ | TKKF TRIATHLON KOSZALIN | 1977 | M35 | 87 | 353 | 00:25:59 | 253 | 00:54:55 | 307 | 01:26:59 | 375 | 00:59:40 | 00:59:44 |
| 431 | 1669 | MICHALAK | MICHAŁ | KOSZALIN | DZIKI KOSZALIN | 1983 | M30 | 71 | 354 | 00:24:31 | 159 | 00:54:33 | 294 | 01:26:39 | 382 | 00:59:41 | 00:59:53 |
| 432 | 1472 | ZAKRZEWSKA | AGATA | TRZEBIATÓW | | 1985 | K30 | 19 | 78 | 00:28:12 | 384 | 00:57:33 | 384 | 01:27:46 | 396 | 00:59:43 | 01:00:12 |
| 433 | 1298 | WALCZAK | AGNIESZKA | KOSZALIN | Babeczki | 1976 | K35 | 24 | 79 | 00:28:02 | 365 | 00:57:40 | 394 | 01:28:01 | 407 | 00:59:51 | 01:00:12 |
| 434 | 1581 | PODSIEDLIK | ZBIGNIEW | BYDGOSZCZ | BYDGOSKI KLUB MORSÓW | 1974 | M40 | 71 | 355 | 00:29:12 | 434 | 00:59:46 | 448 | 01:30:19 | 446 | 00:59:56 | 01:00:17 |
| 435 | 1310 | MAZUREK | BARBARA | KOSZALIN | Babeczki Koszalin/biegnijmy.pl | 1979 | K35 | 25 | 80 | 00:28:02 | 365 | 00:57:42 | 396 | 01:28:30 | 417 | 01:00:00 | 01:00:21 |
| 436 | 1527 | WIJAS | JERZY | KARLINO | | 1968 | M45 | 28 | 356 | 00:27:51 | 354 | 00:57:46 | 398 | 01:28:55 | 428 | 01:00:00 | 01:00:10 |
| 437 | 1982 | TRANDYK | RAFAŁ | KOSZALIN | | 1982 | M30 | 72 | 357 | 00:27:31 | 336 | 00:57:20 | 380 | 01:27:49 | 401 | 01:00:06 | 01:00:24 |
| 438 | 1043 | JUSZCZAK | KRZYSZTOF | KOSZALIN | | 1954 | M60 | 7 | 358 | 00:28:35 | 397 | 00:58:02 | 402 | 01:28:30 | 417 | 01:00:10 | 01:00:36 |
| 439 | 1898 | HAMROL | DAWID | KOSZALIN | Katedra/Koszalin | 1980 | M35 | 88 | 359 | 00:28:36 | 399 | 00:58:31 | 411 | 01:29:31 | 434 | 01:00:12 | 01:00:57 |
| 440 | 1132 | TWORZYDŁO | EMILIA | GDYNIA | | 1990 | K25 | 13 | 81 | 00:30:33 | 496 | 01:00:30 | 466 | 01:30:56 | 452 | 01:00:21 | 01:01:04 |
| 441 | 1500 | POLAŃSKA | KATARZYNA | KOSZALIN | Dziki Koszalin | 1981 | K30 | 20 | 82 | 00:27:04 | 303 | 00:57:17 | 379 | 01:28:15 | 411 | 01:00:46 | 01:00:58 |
| 442 | 1481 | ORYSIK | TOMASZ | ŁOBEZ | Monar Grabowo | 1988 | M25 | 41 | 360 | 00:33:19 | 584 | 01:04:14 | 539 | 01:33:49 | 489 | 01:00:48 | 01:01:27 |
| 443 | 1482 | KONOFAŁ | MAURYCJ | ŁOBEZ | Monar Grabowo | 1992 | M20 | 24 | 361 | 00:33:19 | 584 | 01:04:14 | 539 | 01:33:45 | 488 | 01:00:49 | 01:01:26 |
| 444 | 1117 | DZIADUL | KRZYSZTOF | KOSZALIN | | 1978 | M35 | 89 | 362 | 00:25:50 | 238 | 00:54:28 | 287 | 01:26:20 | 368 | 01:00:51 | 01:01:02 |
| 445 | 1142 | SKIERKA | ANNA | SŁAWNO | MKS Święc Sławno | 1987 | K25 | 14 | 83 | 00:28:14 | 387 | 00:59:20 | 439 | 01:30:21 | 447 | 01:00:52 | 01:01:02 |
| 446 | 1038 | JABŁONSKA | KATARZYNA | TYCHOWO | | 1976 | K35 | 26 | 84 | 00:29:07 | 431 | 01:00:35 | 467 | 01:30:56 | 452 | 01:00:58 | 01:01:21 |
| 447 | 1623 | KARCZEWSKI | MACIEJ | BIĄŁOGARD | | 1992 | M20 | 25 | 363 | 00:31:04 | 514 | 01:00:53 | 470 | 01:29:58 | 440 | 01:01:07 | 01:01:56 |
| 448 | 1125 | RADECKI | JACEK | KOSZALIN | JW CS SP Koszalin | 1972 | M40 | 72 | 364 | 00:29:00 | 420 | 00:58:31 | 411 | 01:28:55 | 428 | 01:01:17 | 01:01:53 |
| 449 | 1605 | SZULC | SZYMON | BIĄŁOGARD | GRYF LOK BIAŁOGARD | 1986 | M25 | 42 | 365 | 00:28:52 | 410 | 00:58:59 | 427 | 01:29:45 | 437 | 01:01:19 | 01:01:34 |
| 450 | 1591 | SZYMAŃSKI | TOMASZ | SZCZECINEK | Team Biegowy Szczecinek | 1968 | M45 | 29 | 366 | 00:31:33 | 530 | 01:02:30 | 503 | 01:33:30 | 484 | 01:02:08 | 01:02:59 |
| 451 | 1289 | MYDŁOWSKI | MACIEJ | KOSZALIN | Team Biegowy Szczecinek | 1986 | M25 | 43 | 367 | 00:31:33 | 530 | 01:02:31 | 505 | 01:33:30 | 484 | 01:02:08 | 01:03:00 |
| 452 | 1164 | DĄBAŁ | KRZYSZTOF | MIĘDZYZDROJE | NIEZRZESZONY | 1961 | M50 | 20 | 368 | 00:28:49 | 408 | 00:58:57 | 425 | 01:30:00 | 443 | 01:02:14 | 01:02:37 |
| 453 | 1412 | WAWRZYŃIAK | PAULINA | KOSZALIN | Amadeus cross training gym | 1993 | K20 | 5 | 85 | 00:31:43 | 533 | 01:02:19 | 499 | 01:31:54 | 461 | 01:02:20 | 01:03:00 |
| 454 | 1066 | PAECH | ZIEMOWIT | ZŁOTÓW | | 1966 | M45 | 30 | 369 | 00:30:00 | 476 | 00:59:40 | 445 | 01:31:17 | 456 | 01:02:22 | 01:02:54 |
| 455 | 1986 | KOWALSKI | TOMEK | KOSZALIN | | 1986 | M25 | 44 | 370 | 00:27:52 | 355 | 00:57:21 | 381 | 01:31:31 | 458 | 01:02:23 | 01:02:46 |
| 456 | 1225 | CZEPIEL | ŁUKASZ | KEPICE | KORZYBSKIE REKINY | 1978 | M35 | 90 | 371 | 00:29:51 | 471 | 01:00:08 | 456 | 01:31:15 | 455 | 01:02:25 | 01:02:59 |
| 457 | 1226 | CZEPIEL | IWONA | KEPICE | KORZYBSKIE REKINY | 1979 | K35 | 27 | 86 | 00:29:51 | 471 | 01:00:08 | 456 | 01:31:15 | 455 | 01:02:25 | 01:02:59 |
| 458 | 1534 | TATUR | MARCIN | KOSZALIN | | 1983 | M30 | 73 | 372 | 00:28:27 | 393 | 00:59:12 | 434 | 01:30:32 | 450 | 01:03:08 | 01:03:26 |
| 459 | 1535 | STĘŃIAK | KATARZYNA | KOSZALIN | | 1985 | K30 | 21 | 87 | 00:28:27 | 393 | 00:59:12 | 434 | 01:30:32 | 450 | 01:03:12 | 01:03:26 |
| 460 | 1064 | KONEFAŁ | DARIUSZ | KRAKÓW | | 1971 | M40 | 73 | 373 | 00:29:35 | 456 | 01:00:19 | 461 | 01:32:18 | 464 | 01:03:16 | 01:03:51 |
| 461 | 1499 | IWANIEC | DARIUSZ | SIANÓW | OSP SIERAKOWO | 1975 | M40 | 74 | 374 | 00:26:20 | 269 | 00:55:12 | 319 | 01:28:20 | 412 | 01:03:20 | 01:03:38 |
| 462 | 1388 | MAJEWSKI | MARIUSZ | ŚWINOUJŚCIE | Bikers Świnoujście | 1977 | M35 | 91 | 375 | 00:26:48 | 292 | 00:55:59 | 338 | 01:29:05 | 430 | 01:03:24 | 01:03:42 |
| 463 | 1515 | SZARY | SZYMON | KOSZALIN | | 1984 | M30 | 74 | 376 | 00:30:18 | 483 | 01:01:05 | 473 | 01:32:28 | 465 | 01:03:35 | 01:04:01 |
| 464 | 1306 | CHAMERA | KRZYSZTOF | SŁUPSK | BMG SŁUPSK | 1972 | M40 | 75 | 377 | 00:32:09 | 559 | 01:03:54 | 531 | 01:34:33 | 501 | 01:03:41 | 01:04:32 |
| 465 | 1446 | PUZYREWski | WOJCIECH | KOSZALIN | Forrest Gump | 1977 | M35 | 92 | 378 | 00:31:08 | 517 | 01:02:42 | 513 | 01:34:45 | 504 | 01:03:45 | 01:04:22 |
| 466 | 1268 | TESMER | PIOTR | KOSZALIN | | 1981 | M30 | 75 | 379 | 00:30:44 | 500 | 01:01:24 | 478 | 01:32:57 | 474 | 01:04:02 | 01:04:41 |
| 467 | 1437 | BUGZKO | AGATA | SZCZECIN | Wieczorne bieganie w Szczecinie | 1980 | K35 | 28 | 88 | 00:34:06 | 601 | 01:05:36 | 560 | 01:35:02 | 508 | 01:04:04 | 01:04:49 |
| 468 | 1540 | DZONCIA | RABELA | ŚWINOUJŚCIE | | 1973 | K40 | 11 | 89 | 00:30:25 | 490 | 01:01:30 | 481 | 01:33:10 | 475 | 01:04:14 | 01:04:54 |
| 469 | 1932 | JONCZYK | TADEUSZ | KOŁOBRZEG | | 1969 | M45 | 31 | 380 | 00:29:14 | 438 | 01:00:05 | 454 | 01:32:13 | 463 | 01:04:32 | 01:04:33 |
| 470 | 1886 | ORŁOWSKA | MAŁGORZATA | KOSZALIN | Dziki Koszalin | 1983 | K30 | 22 | 90 | 00:28:36 | 399 | 01:00:26 | 464 | 01:32:29 | 466 | 01:04:33 | 01:04:44 |
| 471 | 1578 | BRYŁOWSKI | DAWID | KOSZALIN | | 1990 | M25 | 45 | 381 | 00:30:01 | 477 | 01:01:07 | 475 | 01:32:32 | 468 | 01:04:37 | 01:05:16 |
| 472 | 1450 | SYPNIEWSKI | JAN | ŁĘDYCZEK | | 1989 | M25 | 46 | 382 | 00:31:00 | 511 | 01:01:46 | 487 | 01:32:42 | 471 | 01:04:39 | 01:05:26 |
| 473 | 1571 | DUKAT | ARKADIUSZ | ROKIETNICA | | 1989 | M25 | 47 | 383 | 00:30:59 | 509 | 01:01:46 | 487 | 01:32:42 | 471 | 01:04:39 | 01:05:26 |
| 474 | 1383 | STANULA | MATYLDA | MIELNO | | 1989 | K25 | 15 | 91 | 00:31:00 | 511 | 01:01:46 | 487 | 01:32:42 | 471 | 01:04:39 | 01:05:27 |
| 475 | 1595 | LECH | SYLWESTER | | | 1977 | M35 | 93 | 384 | 00:30:27 | 492 | 01:00:49 | 468 | 01:32:11 | 462 | 01:04:58 | 01:05:35 |
| 476 | 1903 | BORUCKA | JOANNA | KOSZALIN | | 1982 | K30 | 23 | 92 | 00:31:06 | 516 | 01:02:40 | 511 | 01:34:30 | 499 | 01:05:03 | 01:05:32 |
| 477 | 1902 | SZEWczyK | KRZYSZTOF | KOSZALIN | | 1984 | M30 | 76 | 385 | 00:31:06 | 516 | 01:02:36 | 509 | 01:34:29 | 496 | 01:05:06 | 01:05:32 |
| 478 | 1282 | JAGŁA | ŁUKASZ | KOŁOBRZEG | | 1979 | M35 | 94 | 386 | 00:30:16 | 482 | 01:00:24 | 463 | 01:32:30 | 467 | 01:05:08 | 01:05:46 |
| 479 | 1089 | ZUBA | RYSZARD | MIERZYN | | 1965 | M50 | 21 | 387 | 00:27:59 | 359 | 00:58:34 | 413 | 01:31:38 | 460 | 01:05:10 | 01:05:30 |
| 480 | 1352 | DZIADUL | MAREK | KOSZALIN | | 1968 | M45 | 32 | 388 | 00:27:54 | 356 | 00:58:44 | 422 | 01:30:58 | 463 | 01:05:12 | 01:05:24 |
| 481 | 1341 | JANISZEWSKI | MARIUSZ | KAMIEŃ POMORSKI | | 1986 | M25 | 48 | 389 | 00:34:05 | 599 | 01:07:53 | 589 | 01:37:20 | 532 | 01:05:28 | 01:06:21 |
| 482 | 1511 | WANAGO | DANIEL | SŁAWNO | DORIAN TEAM | 1984 | M30 | 77 | 390 | 00:30:49 | 503 | 01:01:50 | 491 | 01:33:16 | 477 | 01:05:38 | 01:06:09 |
| 483 | 1510 | KOWALSKI | KONRAD | SŁAWNO | DORIAN TEAM | 1989 | M25 | 49 | 391 | 00:30:49 | 503 | 01:01:50 | 491 | 01:33:16 | 477 | 01:05:38 | 01:06:09 |
| 484 | 1011 | VON BARDELEBEN | AGNIESZKA | KOSZALIN | Babeczki Koszalin | 1971 | K40 | 12 | 93 | 00:30:24 | 488 | 01:01:51 | 493 | 01:33:19 | 480 | 01:05:39 | 01:05:59 |
| 485 | 1002 | WOLF | EMIL | SIANÓW | | 1975 | M40 | 76 | 392 | 00:30:24 | 488 | 01:01:51 | 493 | 01:33:19 | 480 | 01:05:39 | 01:05:59 |

| | | | | | | | | | | | | | | | | | |
|-----|------|----------------|-----------|-------------------|------------------------------|------|-----|----|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 486 | 1966 | DĄBROWSKA | ALICJA | SIANÓW | Rozbiegany Koszalin | 1966 | K45 | 6 | 94 | 00:29:18 | 440 | 01:01:00 | 471 | 01:33:21 | 481 | 01:05:40 | 01:05:59 |
| 487 | 1976 | HARŁUKOWICZ | KRZYSZTOF | SZCZECIN | | 1976 | M35 | 95 | 393 | 00:31:17 | 523 | 01:02:50 | 515 | 01:35:08 | 511 | 01:05:45 | 01:06:35 |
| 488 | 1908 | LASZCZKOWSKA | DAGMARA | POZNAŃ | Dwujezyczni.pl | 1988 | K25 | 16 | 95 | 00:30:41 | 499 | 01:02:40 | 511 | 01:35:25 | 512 | 01:05:50 | 01:06:08 |
| 489 | 1988 | MATEJKO | MARCIN | TYCHOWO | | 1988 | M25 | 50 | 394 | 00:30:03 | 479 | 01:02:15 | 497 | 01:33:43 | 486 | 01:05:50 | 01:06:13 |
| 490 | 1183 | RUDZIŃSKI | KRZYSZTOF | KOSZALIN | dwujezyczni.pl | 1988 | M25 | 51 | 395 | 00:30:41 | 499 | 01:02:41 | 512 | 01:35:26 | 513 | 01:05:51 | 01:06:10 |
| 491 | 1958 | KOTLIŃSKI | GRZEGORZ | STARE BIELICE | | 1968 | M45 | 33 | 396 | 00:27:21 | 326 | 00:57:36 | 387 | 01:30:27 | 448 | 01:05:54 | 01:06:01 |
| 492 | 1234 | SUBEL | MARCIN | KOSZALIN | | 1981 | M30 | 78 | 397 | 00:31:48 | 535 | 01:02:06 | 495 | 01:32:53 | 473 | 01:06:04 | 01:06:54 |
| 493 | 1283 | WILKOWSKI | PIOTR | KOSZALIN | | 1981 | M30 | 79 | 398 | 00:29:37 | 459 | 01:01:28 | 480 | 01:33:50 | 490 | 01:06:06 | 01:06:43 |
| 494 | 1317 | POLEHOŃSKA | MARZANNA | BIAŁY BÓR | nie ma | 1970 | K45 | 7 | 96 | 00:31:09 | 519 | 01:02:34 | 508 | 01:34:30 | 499 | 01:06:13 | 01:06:50 |
| 495 | 1045 | ŻELAZEK | BEATA | ŚWINOUJŚCIE | Babski Team | 1970 | K45 | 8 | 97 | 00:32:06 | 557 | 01:03:08 | 521 | 01:35:04 | 509 | 01:06:13 | 01:06:55 |
| 496 | 1162 | KLEINSZMID | MARTA | BIAŁY BÓR | BIAŁY BÓR | 1977 | K35 | 29 | 98 | 00:31:09 | 519 | 01:02:34 | 508 | 01:34:30 | 499 | 01:06:13 | 01:06:50 |
| 497 | 1126 | SOBKOWIAK | MAGDA | ŚWINOUJŚCIE | BABSKI TEAM | 1972 | K40 | 13 | 99 | 00:32:05 | 556 | 01:03:08 | 521 | 01:35:06 | 510 | 01:06:17 | 01:06:55 |
| 498 | 1613 | JAŚKIEWICZ | MAREK | BIAŁOGARD | RGT | 1983 | M30 | 80 | 399 | 00:29:05 | 429 | 01:02:31 | 505 | 01:34:30 | 499 | 01:06:25 | 01:06:43 |
| 499 | 1384 | RADLIŃSKA | ALICJA | KOSZALIN | PUPIL KOSZALIN | 1971 | K40 | 14 | 100 | 00:29:58 | 474 | 01:01:26 | 479 | 01:33:28 | 482 | 01:06:39 | 01:06:57 |
| 500 | 1311 | ZELEK-PAŁOSZ | MAGDALENA | WOLIN | BBL Police | 1976 | K35 | 30 | 101 | 00:30:27 | 492 | 01:02:51 | 517 | 01:34:54 | 506 | 01:06:43 | 01:06:57 |
| 501 | 1101 | DYRCZ | MARIKA | SŁAWNO | MKS ŚWIĘC SŁAWNO | 1981 | K30 | 24 | 102 | 00:29:46 | 464 | 01:01:35 | 482 | 01:34:36 | 503 | 01:07:17 | 01:07:34 |
| 502 | 1491 | ŚRODA | WOJCIECH | | | 1971 | M40 | 77 | 400 | 00:29:13 | 436 | 00:59:22 | 443 | 01:31:32 | 459 | 01:07:23 | 01:07:42 |
| 503 | 1408 | STAWISZYŃSKI | JAROSŁAW | KOSZALIN | FRK | 1980 | M35 | 96 | 401 | 00:32:25 | 565 | 01:05:06 | 556 | 01:38:11 | 542 | 01:07:54 | 01:08:36 |
| 504 | 1553 | NAPIERAŁA | MARCIN | KOSZALIN | | 1980 | M35 | 97 | 402 | 00:32:39 | 573 | 01:04:31 | 542 | 01:35:58 | 519 | 01:07:55 | 01:08:45 |
| 505 | 1503 | RABKA | MONIKA | KOSZALIN | | 1980 | K35 | 31 | 103 | 00:33:17 | 582 | 01:06:20 | 565 | 01:37:59 | 539 | 01:07:57 | 01:08:38 |
| 506 | 1314 | SIEPRACKI | ADAM | KOSZALIN | FRK | 1980 | M35 | 98 | 403 | 00:32:27 | 567 | 01:05:11 | 558 | 01:38:16 | 543 | 01:07:58 | 01:08:40 |
| 507 | 1134 | BARTECKA | AGNIESZKA | KOSZALIN | | 1977 | K35 | 32 | 104 | 00:27:43 | 349 | 00:59:43 | 446 | 01:33:18 | 478 | 01:08:00 | 01:08:11 |
| 508 | 1601 | WALENT | MARTA | MIERZYN | Wieczorne Bieganie Szczecin | 1989 | K25 | 17 | 105 | 00:28:58 | 416 | 01:00:15 | 459 | 01:34:24 | 495 | 01:08:21 | 01:08:49 |
| 509 | 1428 | RUDNICKI | SEBASTIAN | KOSZALIN | | 1996 | M20 | 26 | 404 | 00:30:34 | 497 | 01:01:06 | 474 | 01:34:02 | 493 | 01:08:22 | 01:09:11 |
| 510 | 1254 | GZELA | OLGA | KOSZALIN | biegnijmy.pl | 1979 | K35 | 33 | 106 | 00:28:41 | 402 | 01:00:10 | 457 | 01:33:44 | 487 | 01:08:29 | 01:08:48 |
| 511 | 1052 | JEMCZURA | MARCIN | DĘBNO | NettoGrupaBiegowa42,195Dębno | 1990 | M25 | 52 | 405 | 00:31:24 | 526 | 01:03:40 | 528 | 01:36:26 | 522 | 01:08:38 | 01:09:17 |
| 512 | 1919 | TOMASZEWSKI | MAREK | KOSZALIN | | 1985 | M30 | 81 | 406 | 00:31:48 | 535 | 01:02:09 | 496 | 01:33:54 | 492 | 01:08:40 | 01:09:22 |
| 513 | 1536 | REDMERSKI | PIOTR | KOSZALIN | | 1964 | M50 | 22 | 407 | 00:28:55 | 413 | 01:01:04 | 472 | 01:34:52 | 505 | 01:08:50 | 01:09:04 |
| 514 | 1209 | KUJAWA | NATALIA | KOSZALIN | | 1987 | K25 | 18 | 107 | 00:31:53 | 546 | 01:04:13 | 535 | 01:36:35 | 525 | 01:08:50 | 01:09:34 |
| 515 | 1790 | KOWALCZYK | PIOTR | KOSZALIN | | 1983 | M30 | 82 | 408 | 00:29:02 | 424 | 01:00:23 | 462 | 01:34:10 | 494 | 01:08:54 | 01:09:26 |
| 516 | 1287 | GÓRSKA | DARIA | KOSZALIN | LRL | 1989 | K25 | 19 | 108 | 00:32:05 | 556 | 01:04:14 | 539 | 01:36:34 | 523 | 01:08:56 | 01:09:36 |
| 517 | 1205 | KONIECZNA | MARZENA | DOBRZYCA | AMADEUS CROSS TRAINING GYM | 1987 | 0 | 1 | 109 | 00:31:53 | 546 | 01:04:13 | 535 | 01:36:35 | 525 | 01:08:56 | 01:09:36 |
| 518 | 1459 | HERMANOWSKA | AGNIESZKA | BIAŁOGARD | | 1988 | K25 | 20 | 110 | 00:29:33 | 454 | 01:02:30 | 503 | 01:35:48 | 517 | 01:09:06 | 01:09:08 |
| 519 | 1664 | BORTNIK | JOANNA | KOSZALIN | Rozbiegany Koszalin | 1984 | K30 | 25 | 111 | 00:30:24 | 488 | 01:01:52 | 494 | 01:34:57 | 507 | 01:09:12 | 01:09:34 |
| 520 | 1514 | CYRKLEWICZ | KAROL | KOSZALIN | | 1983 | M30 | 83 | 409 | 00:29:58 | 474 | 01:01:22 | 477 | 01:33:52 | 491 | 01:09:39 | 01:10:00 |
| 521 | 1528 | FRAĆKOWIAK | IWONA | KOSZALIN | | 1977 | K35 | 34 | 112 | 00:31:11 | 521 | 01:02:31 | 505 | 01:35:48 | 517 | 01:09:43 | 01:10:35 |
| 522 | 1399 | SPICA | ŁUKASZ | KOSZALIN | | 1988 | M25 | 53 | 410 | 00:31:53 | 546 | 01:03:28 | 526 | 01:35:54 | 518 | 01:09:55 | 01:10:22 |
| 523 | 1389 | ZIĘCIAK | MICHAŁ | STARGARD SZCZECIN | | 1984 | M30 | 84 | 411 | 00:31:25 | 528 | 01:04:04 | 533 | 01:37:23 | 534 | 01:09:58 | 01:10:26 |
| 524 | 1087 | ZIĘCIAK | EWELINA | STARGARD SZCZECIN | | 1987 | K25 | 21 | 113 | 00:31:25 | 528 | 01:03:58 | 532 | 01:37:23 | 534 | 01:09:58 | 01:10:25 |
| 525 | 1473 | GRABSKA | IWONA | BIAŁOGARD | | 1972 | K40 | 15 | 114 | 00:29:49 | 466 | 01:01:41 | 485 | 01:36:00 | 520 | 01:10:15 | 01:10:39 |
| 526 | 1568 | RYCHLEWSKA-BAR | MARTA | ZŁOCIENIEC | | 1983 | K30 | 26 | 115 | 00:30:31 | 494 | 01:02:19 | 499 | 01:36:47 | 528 | 01:10:36 | 01:11:17 |
| 527 | 1523 | STACHERA | MARLENA | | | 1977 | K35 | 35 | 116 | 00:28:22 | 391 | 01:00:11 | 458 | 01:34:34 | 502 | 01:10:53 | 01:11:07 |
| 528 | 1173 | GÓRZYŃSKA | JUSTYNA | SZCZECINEK | WOJTEK TEAM | 1972 | K40 | 16 | 117 | 00:30:51 | 505 | 01:03:22 | 523 | 01:37:10 | 530 | 01:10:54 | 01:11:14 |
| 529 | 1955 | ZIĘTARA | RYSZARD | KOSZALIN | | 1955 | M60 | 8 | 412 | 00:30:50 | 504 | 01:02:51 | 517 | 01:36:25 | 521 | 01:10:58 | 01:11:19 |
| 530 | 1995 | ŁUKASIK | EWA | SZCZECINEK | | 1971 | K40 | 17 | 118 | 00:30:53 | 506 | 01:03:25 | 524 | 01:37:10 | 530 | 01:11:00 | 01:11:20 |
| 531 | 1099 | ŁUSZCZEWSKA | AGNIESZKA | ZŁOTÓW | Zytia Team | 1978 | K35 | 36 | 119 | 00:30:33 | 496 | 01:03:33 | 527 | 01:36:47 | 528 | 01:11:11 | 01:11:25 |
| 532 | 1611 | ŁÓCZKÓW | ANDRZEJ | | | 1966 | M45 | 34 | 413 | 00:34:09 | 604 | 01:06:27 | 566 | 01:38:44 | 544 | 01:11:18 | 01:12:09 |
| 533 | 1131 | REKWIROWICZ | JAROSŁAW | SŁUPSK | | 1959 | M55 | 11 | 414 | 00:29:26 | 449 | 01:01:40 | 484 | 01:37:19 | 531 | 01:11:51 | 01:12:18 |
| 534 | 1562 | PAULIŃSKI | JAN | KOSZALIN | | 1950 | M65 | 2 | 415 | 00:30:29 | 493 | 01:03:26 | 525 | 01:37:34 | 537 | 01:11:57 | 01:12:18 |
| 535 | 1970 | WENCCEL | ROBERT | DARŁOWO | | 1970 | M45 | 35 | 416 | 00:29:28 | 452 | 01:00:03 | 453 | 01:35:39 | 515 | 01:12:25 | 01:13:01 |
| 536 | 1423 | KOZŁOWSKA-NAJD | MAGDA | KOSZALIN | | 1973 | K40 | 18 | 120 | 00:32:03 | 554 | 01:05:11 | 558 | 01:39:00 | 545 | 01:12:50 | 01:13:30 |
| 537 | 1086 | DEMIDOK | MARIUSZ | SŁAWNO | | 1972 | M40 | 78 | 417 | 00:30:09 | 481 | 01:01:18 | 476 | 01:35:39 | 515 | 01:12:56 | 01:13:20 |
| 538 | 1082 | SIEDLACZEK | ANNA | ŚWINOUJŚCIE | | 1981 | K30 | 27 | 121 | 00:30:24 | 488 | 01:03:50 | 530 | 01:37:28 | 536 | 01:12:57 | 01:13:13 |
| 539 | 1579 | SIDORKIEWICZ | ANNA | MIEDZYWODZIE | KB Kamień Pomorski | 1971 | K40 | 19 | 122 | 00:33:38 | 585 | 01:07:29 | 576 | 01:40:42 | 563 | 01:13:11 | 01:13:42 |
| 540 | 1329 | KOZŁOWSKI | TOMASZ | KOSZALIN | | 1980 | M35 | 99 | 418 | 00:27:15 | 316 | 00:57:51 | 399 | 01:33:39 | 485 | 01:13:20 | 01:13:25 |
| 541 | 1020 | WILK | PIOTR | UNIEŚCIE | NIEZRZESZONY | 1962 | M50 | 23 | 419 | 00:31:57 | 552 | 01:04:33 | 543 | 01:37:59 | 539 | 01:13:22 | 01:13:53 |

| | | | | | | | | | | | | | | | | | | | |
|-----|-------|------------------|------------|-------------------|--------------------------------|-------|-------|-------|-----|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| 542 | 1044 | SYDON | EWA | WARSZAWA | NIEZRZESZONA | 1976 | K35 | 37 | 123 | 00:31:57 | 552 | 01:04:29 | 541 | 01:37:59 | 539 | 01:13:22 | 01:13:53 | | |
| 543 | 1395 | PTASZYŃSKA | KATARZYNA | KOŁOBRZEG | kołobrzeg biega | 1957 | K55 | 3 | 124 | 00:34:00 | 597 | 01:07:38 | 583 | 01:41:20 | 571 | 01:13:22 | 01:14:12 | | |
| 544 | 1594 | MIEKCYŃSKA | MARTA | | KB SPRINT ŚWIDWIN | 1978 | K35 | 38 | 125 | 00:31:56 | 550 | 01:04:45 | 551 | 01:39:20 | 548 | 01:13:22 | 01:13:39 | | |
| 545 | 1420 | WOLANSKI | MARIUSZ | KOŁOBRZEG | Kołobrzeg | 1965 | M50 | 24 | 420 | 00:33:57 | 593 | 01:07:34 | 579 | 01:41:16 | 565 | 01:13:23 | 01:14:10 | | |
| 546 | 1397 | ŁANGOWSKA | IWONA | KOŁOBRZEG | KOŁOBRZEG BIEGA | 1966 | K45 | 9 | 126 | 00:33:59 | 596 | 01:07:35 | 580 | 01:41:17 | 567 | 01:13:23 | 01:14:10 | | |
| 547 | 1464 | SZUBERT | AGNIESZKA | USTRONIE MORSKIE | | 1979 | K35 | 39 | 127 | 00:33:58 | 595 | 01:07:36 | 581 | 01:41:19 | 570 | 01:13:23 | 01:14:09 | | |
| 548 | 1012 | KOLASA | TOMEK | KOŁOBRZEG | Kąpiele na spontanie | 1970 | M45 | 36 | 421 | 00:33:57 | 593 | 01:07:34 | 579 | 01:41:08 | 564 | 01:13:24 | 01:14:10 | | |
| 549 | 1422 | MĄDRZYK | MAGDALENA | KOŁOBRZEG | Kołobrzeg | 1980 | K35 | 40 | 128 | 00:33:57 | 593 | 01:07:33 | 577 | 01:41:17 | 567 | 01:13:24 | 01:14:11 | | |
| 550 | 1564 | KIERLIN-SEROCKA | JOANNA | KWIDZYŃ | | 1975 | K40 | 20 | 129 | 00:31:18 | 525 | 01:04:14 | 539 | 01:38:09 | 541 | 01:13:28 | 01:14:07 | | |
| 551 | 1565 | SEROCKI | WOJCIECH | KWIDZYŃ | | 1975 | M40 | 79 | 422 | 00:31:18 | 525 | 01:06:32 | 568 | 01:39:24 | 551 | 01:13:29 | 01:14:07 | | |
| 552 | 1154 | SZCZYTKOWSKI | MAREK | ŚWIDWIN | K.B. SPRINT ŚWIDWIN | 1972 | M40 | 80 | 423 | 00:31:55 | 548 | 01:04:49 | 553 | 01:39:21 | 550 | 01:13:35 | 01:14:18 | | |
| 553 | 1153 | DĘBOWSKA-SZCZY | IZABELLA | ŚWIDWIN | K.B. SPRINT ŚWIDWIN | 1973 | K40 | 21 | 130 | 00:31:56 | 550 | 01:04:49 | 553 | 01:39:21 | 550 | 01:13:36 | 01:14:18 | | |
| 554 | 1120 | HRYCIOŃ | PAWEŁ | BIAŁOGARD | | 1984 | M30 | 85 | 424 | 00:30:09 | 481 | 01:02:23 | 500 | 01:37:28 | 536 | 01:14:10 | 01:14:35 | | |
| 555 | 1319 | HRANKOWSKA | MONIKA | ŚLUPSK | | 1987 | K25 | 22 | 131 | 00:32:44 | 578 | 01:07:38 | 583 | 01:41:34 | 574 | 01:14:19 | 01:14:43 | | |
| 556 | 1272 | KRUPA | JAREK | KAMIEŃ POMORSKI | | 1979 | 0 | 2 | 425 | 00:34:05 | 599 | 01:07:53 | 589 | 01:41:19 | 570 | 01:14:26 | 01:15:19 | | |
| 557 | 1356 | SZYMAŃSKI | MAREK | KAMIEŃ POMORSKI | Klub Biegacza Kamień Pomorski | 1984 | M30 | 86 | 426 | 00:31:01 | 512 | 01:04:41 | 549 | 01:39:12 | 547 | 01:14:28 | 01:14:55 | | |
| 558 | 1404 | DAWIDOWSKI | MICHAŁ | NOWOGARD | | 1978 | M35 | 100 | 427 | 00:34:05 | 599 | 01:07:41 | 587 | 01:41:17 | 567 | 01:14:37 | 01:15:30 | | |
| 559 | 1361 | MORDACZ | TOMASZ | DARŁOWO | Porzecze Biega | 1987 | M25 | 54 | 428 | 00:34:44 | 615 | 01:09:15 | 601 | 01:41:51 | 577 | 01:14:40 | 01:15:34 | | |
| 560 | 1204 | RASZPLA | ILONA | KOSZALIN | cioteczki.pl | 1972 | K40 | 22 | 132 | 00:32:20 | 561 | 01:06:11 | 562 | 01:40:36 | 562 | 01:14:59 | 01:15:39 | | |
| 561 | 1210 | MALINOWSKA | AGNIESZKA | KOSZALIN | cioteczki.pl | 1978 | K35 | 41 | 133 | 00:32:29 | 568 | 01:06:19 | 564 | 01:40:06 | 559 | 01:14:59 | 01:15:40 | | |
| 562 | 1207 | WIKTOROWICZ | MAŁGORZATA | KOSZALIN | cioteczki.pl | 1975 | K40 | 23 | 134 | 00:32:20 | 561 | 01:06:17 | 563 | 01:40:34 | 561 | 01:14:59 | 01:15:40 | | |
| 563 | 1199 | LEMAŃCZYK | ZYGMUNT | NIEMCZ | RUN BYDGODZCZ | 1970 | M45 | 37 | 429 | 00:31:52 | 543 | 01:04:40 | 546 | 01:39:37 | 554 | 01:15:06 | 01:15:48 | | |
| 564 | 1135 | GRYLEWICZ | TOMASZ | BYDGOSZCZ | RUN BYDGOSZCZ | 1982 | M30 | 87 | 430 | 00:31:51 | 539 | 01:04:40 | 546 | 01:39:38 | 556 | 01:15:06 | 01:15:48 | | |
| 565 | 1490 | NOWAK | ADAM | BYDGOSZCZ | RUN BDG | 1972 | M40 | 81 | 431 | 4 | 00:31:52 | 543 | 01:04:41 | 549 | 01:39:35 | 552 | 01:15:07 | 01:15:48 | |
| 566 | 1554 | WOLF | BEATA | KOSZALIN | biegnijmy.pl | 1978 | K35 | 42 | 135 | 00:31:51 | 539 | 01:04:36 | 544 | 01:39:36 | 553 | 01:15:07 | 01:15:48 | | |
| 567 | 1369 | JANOWSKI | MACIEJ | POLICE | ASA V | 1988 | M25 | 55 | 432 | 00:32:26 | 566 | 01:07:13 | 574 | 01:41:47 | 575 | 01:15:20 | 01:15:57 | | |
| 568 | 1327 | MARKIEWICZ | MARZENA | SZCZECIN | | 1988 | K25 | 23 | 136 | 00:32:25 | 565 | 01:07:13 | 574 | 01:41:48 | 576 | 01:15:22 | 01:15:55 | | |
| 569 | 1324 | CIUPIŃSKI | JAROSŁAW | ZĄBKI | | 1980 | M35 | 101 | 433 | 00:31:52 | 543 | 01:04:43 | 550 | 01:39:41 | 558 | 01:16:00 | 01:16:43 | | |
| 570 | 1501 | LUBICZ-KROŚNICKI | ANNA | KOSZALIN | Amadeus CrossTraining Gym | 1984 | K30 | 28 | 137 | 00:31:41 | 532 | 01:02:24 | 501 | 01:36:39 | 526 | 01:16:19 | 01:16:59 | | |
| 571 | 1246 | RADAJEWSKI | KRZYSZTOF | ROSTARZEWO | | 1960 | M55 | 12 | 434 | 00:35:08 | 624 | 01:10:30 | 611 | 01:44:49 | 596 | 01:16:27 | 01:16:57 | | |
| 572 | 1640 | GAWLIK | ARTUR | KOSZALIN | | 1980 | M35 | 102 | 435 | 00:29:15 | 439 | 01:02:48 | 514 | 01:39:38 | 556 | 01:16:28 | 01:17:06 | | |
| 573 | 1968 | KRYSIK | ANDRZEJ | KOSZALIN | | 1968 | M45 | 38 | 436 | 00:28:50 | 409 | 01:02:56 | 519 | 01:39:40 | 557 | 01:16:36 | 01:16:47 | | |
| 574 | 1026 | NEUBAUER | ADRIANNA | KOSZALIN | | 1979 | K35 | 43 | 138 | 00:33:15 | 580 | 01:10:03 | 609 | 01:43:19 | 585 | 01:16:36 | 01:17:09 | | |
| 575 | 1477 | KRUK | ANNA | KOSZALIN | Babeczki Koszalin | 1979 | K35 | 44 | 139 | 00:33:49 | 587 | 01:09:10 | 597 | 01:42:41 | 579 | 01:16:44 | 01:17:29 | | |
| 576 | 1253 | DĄBROWSKA | AGNIESZKA | KOSZALIN | RFR | 1980 | K35 | 45 | 140 | 00:33:53 | 591 | 01:08:05 | 591 | 01:43:17 | 584 | 01:17:13 | 01:17:57 | | |
| 577 | 1046 | DĄBROWSKI | MICHAŁ | KORONOWO | Run Forest Run | 1983 | M30 | 88 | 437 | 00:33:53 | 591 | 01:08:05 | 591 | 01:43:16 | 583 | 01:17:13 | 01:17:57 | | |
| 578 | 1626 | DONDAJEWSKA | MARZENA | KOSZALIN | | 1985 | K30 | 29 | 141 | 00:29:56 | 472 | 01:03:19 | 522 | 01:39:04 | 546 | 01:17:52 | 01:18:03 | | |
| 579 | 1807 | BĄK | KAMILA | OSIEK NAD NOTECIĄ | Klub Biegowy TSK Orzeł Osiek | 1978 | K35 | 46 | 142 | 00:31:52 | 543 | 01:06:30 | 567 | 01:42:42 | 580 | 01:18:23 | 01:19:05 | | |
| 580 | 1313 | WOJTCZAK | MATEUSZ | PIECOWICE | Lara Team | 1984 | M30 | 89 | 438 | 00:32:56 | 579 | 01:07:13 | 574 | 01:43:06 | 581 | 01:18:59 | 01:19:36 | | |
| 581 | 1165 | MOŻEJKO | ANNA | KOSZALIN | | 1980 | K35 | 47 | 143 | 00:33:51 | 589 | 01:09:11 | 598 | 01:44:43 | 593 | 01:19:12 | 01:19:57 | | |
| 582 | 1050 | STEC | EDYTA | KOSZALIN | Babeczki.pl | 1979 | K35 | 48 | 144 | 00:33:51 | 589 | 01:09:13 | 600 | 01:44:45 | 595 | 01:19:19 | 01:20:04 | | |
| 583 | 1430 | CHOLUJ | JOANNA | KOSZALIN | | 1989 | K25 | 24 | 145 | 00:32:21 | 563 | 01:07:04 | 572 | 01:43:10 | 582 | 01:19:31 | 01:19:50 | | |
| 584 | 1161 | IWANKIEWICZ | JUSTYNA | KOSZALIN | | 1980 | K35 | 49 | 146 | 00:34:07 | 602 | 01:08:57 | 596 | 01:44:35 | 592 | 01:19:50 | 01:20:15 | | |
| 585 | 1296 | CYPUN | SEBASTIAN | KOSZALIN | | 1975 | M40 | 82 | 439 | 00:32:43 | 575 | 01:07:39 | 585 | 01:43:38 | 589 | 01:19:58 | 01:20:08 | | |
| 586 | 1998 | BORYS | PRZEMYSŁAW | KOSZALIN | WSPR | 1983 | M30 | 90 | 440 | 00:32:43 | 575 | 01:07:39 | 585 | 01:43:38 | 589 | 01:20:20 | 01:20:29 | | |
| 587 | 1596 | KARWAT | STANISŁAW | SZCZECINEK | PARKRUN Szczecinek | 1959 | M55 | 13 | 441 | 00:29:02 | 424 | 01:03:46 | 529 | 01:40:15 | 560 | 01:20:24 | 01:20:50 | | |
| 588 | 1625 | KURŁOWICZ | KRZYSZTOF | BIAŁOGARD | | 1979 | M35 | 103 | 442 | 00:30:47 | 501 | 01:04:40 | 546 | 01:41:26 | 573 | 01:20:34 | 01:20:44 | | |
| 589 | 1321 | TROJECKA | AGNIESZKA | GOLEŃIÓW | | 1978 | K35 | 50 | 147 | 00:32:36 | 571 | 01:07:01 | 571 | 01:43:22 | 586 | 01:20:51 | 01:21:29 | | |
| 590 | 1971 | KURCZ | BARBARA | KOSZALIN | Babeczki Koszalin/biegnijmy.pl | 1971 | K40 | 24 | 148 | 00:33:48 | 586 | 01:09:12 | 599 | 01:44:44 | 594 | 01:20:52 | 01:21:35 | | |
| 591 | 1598 | JAKUBCZYK | AGNIESZKA | SZCZEGLIŃNO NOWE | BABECZKI KOSZALIN | 1987 | K25 | 25 | 149 | 00:32:43 | 575 | 01:07:39 | 585 | 01:43:37 | 587 | 01:21:24 | 01:21:34 | | |
| 592 | 1471 | BUKOWSKA | AGNIESZKA | SZCZECIN | ZPSB | 1984 | K30 | 30 | 150 | 00:34:31 | 610 | 01:10:47 | 615 | 01:46:37 | 603 | 01:22:32 | 01:23:03 | | |
| 593 | 1367 | EKALT | PAULINA | SZCZECIN | | 1994 | K20 | 6 | 151 | 00:34:55 | 622 | 01:10:25 | 610 | 01:46:52 | 608 | 01:22:48 | 01:23:28 | | |
| 594 | #N/D! | #N/D! | #N/D! | #N/D! | #N/D! | #N/D! | #N/D! | #N/D! | ### | ### | ### | 00:25:36 | 220 | 00:51:25 | 198 | 01:18:18 | 194 | 01:23:13 | 01:23:17 |
| 595 | 1984 | TRANDYK | ANITA | KOSZALIN | | 1985 | K30 | 31 | 152 | 00:34:32 | 612 | 01:10:54 | 617 | 01:47:13 | 612 | 01:23:15 | 01:23:33 | | |
| 596 | 1072 | ZUBA | LUCYNA | MIERZYN | | 1968 | K45 | 10 | 153 | 00:34:54 | 621 | 01:09:17 | 602 | 01:46:29 | 602 | 01:23:19 | 01:23:39 | | |
| 597 | 1232 | KONDRASZUK | DAMIAN | KOSZALIN | | 1980 | M35 | 104 | 443 | 00:32:37 | 572 | 01:05:39 | 561 | 01:41:22 | 572 | 01:23:29 | 01:24:04 | | |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

Pomiar czasu: iNet Technology Piotr Kołodziejczyk tel: 602 494 313, www.inetsport.pl

Strona: 11 / 13



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|-----|------|-------------------|------------|-------------------|--------------------------------|------|------|-----|-----|----------|-----|----------|-----|----------|-----|----------|----------|
| 598 | 1470 | SULIGA-KRAKOWIA | AGNIESZKA | CZARNE | | 1975 | K40 | 25 | 154 | 00:34:53 | 620 | 01:10:36 | 613 | 01:46:51 | 607 | 01:23:57 | 01:24:50 |
| 599 | 1756 | KITŁOWSKI | MARCIN | CZARNE | Czarne Biega | 1982 | M30 | 91 | 444 | 00:34:52 | 619 | 01:10:36 | 613 | 01:46:50 | 606 | 01:23:57 | 01:24:51 |
| 600 | 1457 | LESZCZYŃSKI | ROMAN | OSTROŁĘKA | niezrzeszony | 1951 | M60 | 9 | 445 | 00:31:51 | 539 | 01:04:49 | 553 | 01:42:36 | 578 | 01:24:24 | 01:25:15 |
| 601 | 1387 | JANICKA-LONT | JOANNA | ŁOBEZ | ŁŁKB TRUCHT ŁOBEZ | 1973 | K40 | 26 | 155 | 00:32:21 | 563 | 01:06:37 | 569 | 01:44:04 | 590 | 01:24:41 | 01:25:19 |
| 602 | 1468 | PASEK | PAULA | ŚWIESZYNO | | 1986 | K25 | 26 | 156 | 00:32:31 | 569 | 01:08:39 | 595 | 01:45:48 | 598 | 01:25:19 | 01:25:28 |
| 603 | 1393 | DUDA | MARZENA | KOSZALIN | | 1975 | K40 | 27 | 157 | 00:35:24 | 628 | 01:11:08 | 618 | 01:48:14 | 615 | 01:25:22 | 01:26:07 |
| 604 | 1274 | KARG | TOMASZ | OŁAWA | Między Molami | 1979 | M35 | 105 | 446 | 00:34:32 | 612 | 01:09:43 | 604 | 01:46:47 | 605 | 01:25:47 | 01:26:30 |
| 605 | 1691 | BYLICA | TOMASZ | ZABRZE | Między Molami | 1974 | M40 | 83 | 447 | 00:34:30 | 608 | 01:09:51 | 608 | 01:46:58 | 610 | 01:25:47 | 01:26:30 |
| 606 | 1344 | KRAŚNIEWSKI | CEZARY | KOŁOBRZEG | Między molami | 1972 | M40 | 84 | 448 | 00:34:08 | 603 | 01:09:42 | 603 | 01:46:45 | 604 | 01:25:48 | 01:26:30 |
| 607 | 1435 | SROCZYŃSKI | ROBERT | KOSZALIN | Między molami | 1973 | M40 | 85 | 449 | 00:34:31 | 610 | 01:09:50 | 607 | 01:46:58 | 610 | 01:25:48 | 01:26:31 |
| 608 | 1905 | FEDRO | ANNA | TUCHOMIE | | 1985 | K30 | 32 | 158 | 00:32:02 | 553 | 01:08:21 | 593 | 01:46:19 | 600 | 01:26:00 | 01:26:11 |
| 609 | 1483 | ŁABINOWICZ | IGA | ŁOBEZ | Monar Grabowo | 1988 | K25 | 27 | 159 | 00:34:25 | 606 | 01:12:09 | 621 | 01:48:14 | 615 | 01:26:08 | 01:26:46 |
| 610 | 1105 | ŁOSIEWICZ | PAULINA | BROJCE | SPEED SISTERS | 1993 | K20 | 7 | 160 | 00:29:58 | 474 | 01:05:26 | 559 | 01:44:18 | 591 | 01:26:24 | 01:26:30 |
| 611 | 1597 | ADAMCZYK | JOANNA | | | 1981 | K30 | 33 | 161 | 00:36:20 | 639 | 01:15:03 | 634 | 01:51:41 | 626 | 01:26:32 | 01:27:08 |
| 612 | 1185 | RABKA | MONIKA | KOSZALIN | | 1984 | K30 | 34 | 162 | 00:35:36 | 631 | 01:13:06 | 626 | 01:50:25 | 620 | 01:26:33 | 01:27:15 |
| 613 | 1186 | TOMASZEWSKA | IZABELA | KOSZALIN | | 1985 | K30 | 35 | 163 | 00:35:36 | 631 | 01:13:06 | 626 | 01:50:25 | 620 | 01:26:34 | 01:27:15 |
| 614 | 1614 | MARUSIEŃSKA | ALICJA | SZCZECIN | ASAV | 1986 | K25 | 28 | 164 | 00:34:42 | 614 | 01:11:19 | 619 | 01:49:10 | 617 | 01:27:31 | 01:28:06 |
| 615 | 1469 | STASIŃSKI | STANISŁAW | POZNAŃ | KB Maniac Poznań | 1944 | M70+ | 1 | 450 | 00:34:26 | 607 | 01:10:48 | 616 | 01:48:32 | 616 | 01:27:37 | 01:28:04 |
| 616 | 1322 | ŁAGODA-WRÓBEL | AGNIESZKA | KOSZALIN | | 1979 | K35 | 51 | 165 | 00:34:51 | 618 | 01:11:56 | 620 | 01:49:43 | 618 | 01:27:49 | 01:28:27 |
| 617 | 1353 | OLLIK | DAMIAN | SŁUPSK | LKB im. Braci Petk | 1990 | M25 | 56 | 451 | 00:31:36 | 531 | 01:08:24 | 594 | 01:47:03 | 611 | 01:28:20 | 01:28:35 |
| 618 | 1537 | KOWALSKI | KAMIL | BIESIEKIERZ | | 1987 | M25 | 57 | 452 | 00:29:01 | 421 | 01:04:13 | 535 | 01:46:29 | 602 | 01:29:13 | 01:29:15 |
| 619 | 1363 | FELKOWSKA | KAROLINA | KOSZALIN | | 1982 | K30 | 36 | 166 | 00:36:17 | 638 | 01:15:14 | 636 | 01:52:40 | 628 | 01:29:49 | 01:30:24 |
| 620 | 1115 | PLATA | KATARZYNA | KOSZALIN | | 1976 | K35 | 52 | 167 | 00:36:17 | 638 | 01:15:14 | 636 | 01:52:40 | 628 | 01:29:49 | 01:30:24 |
| 621 | 1333 | GÓRSKA | KAROLINA | POLICE | | 1987 | K25 | 29 | 168 | 00:36:16 | 636 | 01:14:00 | 631 | 01:51:26 | 625 | 01:30:04 | 01:30:43 |
| 622 | 1088 | DĄBROWSKA | KATARZYNA | SIANÓW | biegnijmy.pl | 1988 | K25 | 30 | 169 | 00:31:50 | 537 | 01:08:14 | 592 | 01:47:47 | 613 | 01:30:15 | 01:30:34 |
| 623 | 1560 | ZIELIŃSKI | KAMIL | SZCZECIN | RAZ Szczecin | 1983 | M30 | 92 | 453 | 00:28:46 | 406 | 01:04:50 | 585 | 01:45:44 | 597 | 01:30:41 | 01:30:53 |
| 624 | 1985 | GARBIEN | EWELINA | GOLENIÓW | Rozbiegany Goleniów | 1985 | K30 | 37 | 170 | 00:35:34 | 629 | 01:13:47 | 628 | 01:49:43 | 630 | 01:31:18 | 01:32:05 |
| 625 | 1188 | BOTWINIONEK | TOMASZ | SŁUPSK | | 1980 | M35 | 106 | 454 | 00:32:09 | 559 | 01:07:00 | 570 | 01:45:49 | 599 | 01:31:40 | 01:32:29 |
| 626 | 1339 | GUZOWSKA | IWONA | ŚWINOUJŚCIE | | 1965 | K50 | 4 | 171 | 00:34:50 | 617 | 01:12:23 | 622 | 01:51:24 | 624 | 01:31:54 | 01:32:10 |
| 627 | 1340 | ELBINSKA KRAWCZAK | MONIKA | ŚWINOUJŚCIE | | 1971 | K40 | 28 | 172 | 00:34:50 | 617 | 01:12:24 | 623 | 01:51:24 | 624 | 01:32:08 | 01:32:24 |
| 628 | 1460 | SZEFLER | BARTOSZ | KOSZALIN | | 1975 | M40 | 86 | 455 | 00:35:40 | 632 | 01:13:05 | 624 | 01:53:15 | 631 | 01:33:49 | 01:34:17 |
| 629 | 1602 | STRASZAK | MONIKA | OSIEK NAD NOTECIĄ | KLUB BIEGOWY TSK ORZEŁ OSIEK | 1983 | K30 | 38 | 173 | 00:37:31 | 644 | 01:16:17 | 640 | 01:56:49 | 636 | 01:36:44 | 01:37:43 |
| 630 | 1980 | ŁUKASIEWICZ | ALEKSANDRA | KOSZALIN | DZIKI KOSZALIN | 1980 | K35 | 53 | 174 | 00:35:46 | 633 | 01:16:10 | 639 | 01:57:27 | 638 | 01:38:37 | 01:38:49 |
| 631 | 1212 | SZYDŁOWSKI | RAFAŁ | INOWROCŁAW | Lara Team | 1959 | M55 | 14 | 456 | 00:34:34 | 613 | 01:14:17 | 632 | 01:56:55 | 637 | 01:38:41 | 01:39:17 |
| 632 | 1190 | OŚCISŁOWSKA | BARBARA | ŚWIESZYNO | | 1966 | K45 | 11 | 175 | 00:32:44 | 578 | 01:09:48 | 606 | 01:51:13 | 622 | 01:38:48 | 01:39:12 |
| 633 | 1187 | DZIELIŃSKI | ADAM | BRANIEWO | Spartanie Dzieciom | 1968 | M45 | 39 | 457 | 00:34:13 | 605 | 01:09:48 | 606 | 01:51:12 | 621 | 01:38:48 | 01:39:12 |
| 634 | 1163 | ZAKRZEWICZ | PRZEMYSŁAW | MROWINO | Rokietnica biega | 1959 | M55 | 15 | 458 | 00:35:56 | 634 | 01:14:40 | 633 | 01:56:18 | 635 | 01:39:14 | 01:39:48 |
| 635 | 1993 | KISIELEWSKA | ZUZANNA | SZCZECIN | WieczorneBieganie w Szczecinie | 1993 | K20 | 8 | 176 | 00:35:12 | 625 | 01:13:26 | 627 | 01:54:36 | 632 | 01:40:03 | 01:40:48 |
| 636 | 1047 | HELLER | ZDZISŁAW | KOSZALIN | Niezrzeszoy | 1956 | M55 | 16 | 459 | 00:32:33 | 570 | 01:10:38 | 614 | 01:52:06 | 627 | 01:40:14 | 01:40:34 |
| 637 | 1546 | MARUSZEWSKA | JUSTYNA | GORZEBĄDŹ | | 1981 | K30 | 39 | 177 | 00:35:17 | 627 | 01:13:56 | 630 | 01:55:55 | 634 | 01:40:28 | 01:40:54 |
| 638 | 1547 | MARUSZEWSKI | MARCIN | GORZEBĄDŹ | | 1977 | M35 | 107 | 460 | 00:35:17 | 627 | 01:13:56 | 630 | 01:55:54 | 633 | 01:40:30 | 01:40:53 |
| 639 | 1116 | PEŁKA | JANUSZ | KOSZALIN | | 1961 | M50 | 25 | 461 | 00:38:35 | 649 | 01:17:40 | 643 | 01:59:45 | 642 | 01:41:15 | 01:42:29 |
| 640 | 1990 | KOPREK | MARZENA | POZNAŃ | | 1990 | K25 | 31 | 178 | 00:37:39 | 646 | 01:19:18 | 647 | 02:01:30 | 645 | 01:43:28 | 01:44:08 |
| 641 | 1989 | STELMASZYK | PAWEŁ | POZNAŃ | | 1989 | M25 | 58 | 462 | 00:39:00 | 650 | 01:19:02 | 646 | 02:01:30 | 645 | 01:43:29 | 01:44:08 |
| 642 | 1518 | PŁACZKOWSKA | MAGDALENA | OSIEK NAD NOTECIĄ | TSK ORZEŁ OSIEK | 1982 | K30 | 40 | 179 | 00:37:49 | 648 | 01:16:33 | 641 | 01:59:43 | 641 | 01:45:00 | 01:45:58 |
| 643 | 1474 | GŁOWIŃSKI | KRZYSZTOF | KOSZALIN | | 1974 | M40 | 87 | 463 | 00:36:35 | 641 | 01:15:48 | 631 | 01:58:00 | 639 | 01:45:01 | 01:45:24 |
| 644 | 1615 | WETTER | TOMASZ | WARSZAWA | | 1967 | M45 | 40 | 464 | 00:36:30 | 640 | 01:15:57 | 638 | 02:00:49 | 643 | 01:45:47 | 01:46:38 |
| 645 | 1013 | MIELCAREK | MICHAŁ | LUBOŃ | Luboński Klub Biegacza | 1989 | M25 | 59 | 465 | 00:35:08 | 624 | 01:16:34 | 642 | 01:59:42 | 640 | 01:46:49 | 01:47:28 |
| 646 | 1036 | PALKA | SYLWIA | WARSZAWA | | 1980 | K35 | 54 | 180 | 00:41:39 | 653 | 01:23:15 | 651 | 02:05:35 | 648 | 01:47:52 | 01:48:23 |
| 647 | 1775 | ZIELIŃSKA | MAGDALENA | GOŁDAP | | 1975 | K40 | 29 | 181 | 00:36:39 | 642 | 01:19:25 | 648 | 02:05:57 | 649 | 01:49:04 | 01:49:27 |
| 648 | 1444 | BORKOWSKA | EWA | ZŁOTÓW | | 1952 | K60 | 1 | 182 | 00:39:14 | 651 | 01:21:14 | 649 | 02:05:29 | 647 | 01:51:14 | 01:51:52 |
| 649 | 1067 | ZWINDOWSKA | BOGUMIŁA | DRAWSKO POMORSKI | Runners Award | 1967 | K45 | 12 | 183 | 00:42:21 | 656 | 01:25:12 | 654 | 02:09:34 | 653 | 01:53:59 | 01:54:40 |
| 650 | 1196 | KABATA | MONIKA | MRZEŻYNO | WWF Polska | 1978 | K35 | 55 | 184 | 00:42:21 | 656 | 01:25:12 | 654 | 02:09:34 | 653 | 01:54:28 | 01:54:40 |
| 651 | 1390 | KACZMAREK | MAŁGORZATA | KOSZALIN | | 1954 | K60 | 2 | 185 | 00:40:28 | 652 | 01:23:40 | 652 | 02:09:20 | 651 | 01:55:27 | 01:56:12 |
| 652 | 1619 | BRZEZIŃSKI | ŁUKASZ | KARLINO | | 1990 | M25 | 60 | 466 | 00:33:16 | 581 | 01:18:10 | 644 | 02:06:51 | 650 | 01:55:55 | 01:56:39 |
| 653 | 1621 | HAUSMAN | ANDRZEJ | KOSZALIN | KSR ROWERIA | 1954 | M60 | 10 | 467 | 00:36:41 | 643 | 01:18:47 | 645 | 02:05:11 | 646 | 01:56:54 | 01:57:15 |

Legenda: M - mężczyzna, K - kobieta, N - niepełnosprawny

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|-----|------|----------------|----------|-------------|-----------------------------|------|-----|----|-----|----------|-----|----------|-----|----------|-----|-----------------|-----------------|
| 654 | 1005 | SZAREK | HENRYK | SŁUPSK | Prądzonka | 1948 | M65 | 3 | 468 | 00:44:55 | 658 | 01:34:31 | 658 | 02:25:28 | 658 | 02:04:32 | 02:05:28 |
| 655 | 1612 | ŁUCZKÓW | WOJCIECH | DARŁOWO | | 1996 | M20 | 27 | 469 | 00:37:32 | 645 | 01:22:52 | 650 | 02:15:31 | 654 | 02:06:07 | 02:06:58 |
| 656 | 1508 | KRAWCZUK-KIEŁB | ANNA | WIEKOWO | | 1974 | K40 | 30 | 186 | 00:42:08 | 654 | 01:28:24 | 655 | 02:17:55 | 655 | 02:09:44 | 02:10:35 |
| 657 | 1504 | RUTKOWSKA | BEATA | ŚWINOUJŚCIE | 10 w skali Beauforta | 1962 | K50 | 5 | 187 | 00:44:41 | 657 | 01:32:50 | 657 | 02:22:34 | 656 | 02:11:26 | 02:11:46 |
| 658 | 1599 | KUSTER | ANNA | WYSOKA | KLUB BIEGOWY TSK ORZEŁ OSIE | 1988 | K25 | 32 | 188 | 00:36:02 | 635 | 01:29:09 | 656 | 02:22:57 | 657 | 02:12:53 | 02:13:54 |